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**RESULTADO OFICIAL FAIXA FEMININO**

**FEMININO 16 - 17**

COL	ATLETA	EQUIPE	T. LÍQUIDO	T. BRUTO	Nº PEITO
1	AMANDA APARECIDA DE OLIVEIR	REAL MERCES	29:23.5	29:58.1	1869
2	ÂNGELA CAROLINE DIAS ALBINO	SPORT CLUBE JF	37:43.6	38:12.5	205
3	ANA CLARA BEDENDO	FORTES ACADEMIA	43:54.5	44:03.8	140
4	ISABELLA TOSTOI TEIXEIRA		45:49.3	49:54.8	791
5	JÚLIA CAMPOS FEITOSA NEVES		49:49.2	51:06.4	906
6	LANA SOUZA BERNARDES	CMJF	51:33.7	52:02.4	957
7	BIANCA ANDRADE BORSATO		55:23.5	57:28.9	252

**FEMININO 18 - 19**

COL	ATLETA	EQUIPE	T. LÍQUIDO	T. BRUTO	Nº PEITO
1	BÁRBARA PIRES FONSECA		41:03.8	43:51.2	1907
2	JULIANA ALVES GRAÚDO		42:00.9	44:00.0	908
3	EDUARDA PINTO TEIXEIRA AZEVE		43:25.0	45:51.8	503
4	BRUNA PERES		45:20.6	48:44.0	1911
5	LARA BASTOS SPINELLI PINT		50:03.9	51:37.5	958
6	STELLA BARCELLOS DE ANDRADE	ENERGIA RUNNERS	50:41.7	50:41.7	1682

**FEMININO 20 - 24**

COL	ATLETA	EQUIPE	T. LÍQUIDO	T. BRUTO	Nº PEITO
	NCPC FRANCESCA GALVÃO DE MORAES DEL	LONG LIFE	27:46.4	30:06.5	649
1	TAMIRES OLIVEIRA MOREIRA	VIDA E SAÚDE	32:30.6	33:05.5	1698
2	ISIS TERRA COTTA	VIDA E SAÚDE	34:05.2	34:14.7	794
	NCPC ANA CLAUDIA PENA TEIXEIR		34:08.1	38:21.9	144
	NCPC JULIANA NEVES PEREIRA DA SIL		38:01.4	38:01.4	915
3	CARLA LORRAYNE GONÇALVES M	HIGÉIA	38:37.3	38:37.3	292
4	ANA LUIZA OTTONI		38:39.7	41:27.1	1880
5	SAMILA MIRANDA OLIVEIRA CRU	ENERGIA RUNNERS	38:59.6	39:26.9	1618
6	MARIA FERNANDA FERNANDES		40:02.4	43:09.7	1244
7	NARA JUSTE DA SILVA	OZÔNIO	40:14.2	40:27.7	1346
8	THAIANE HARISA ALVES DUTRA	IMPACTO GYM	40:29.4	40:35.6	1718
9	LUISA MARTINS DA COSTA BRU		40:33.2	43:13.1	1088
10	KAREN CRISTINA COIMBRA ISH		41:14.5	41:30.7	935
11	ERICA OLIVEIRA CAETANO DA	GEMA TEAM RUNNERS	41:46.3	46:16.6	550
12	MARIANA DE OLIVEIRA ESCARATI	LONG LIFE	42:13.9	47:19.2	1263
13	JÚLIA BAESSO DE OLIVEIRA G		42:16.5	42:57.7	905
14	RAFAELA CARVALHO BANHATO		42:20.5	45:56.8	1478
15	ISABELLE CAROLINE FROIS BRASI		42:54.1	43:29.1	2072
16	TAMIRIS ANASTÁCIA DIAS TEIXE	VIVA SPORT CLUB	43:03.9	45:22.6	1699
	NCPC ANA GLAUCIA LOBATO CAMPO		43:17.5	43:17.5	1876
17	LAIZ TEIXEIRA REZENDE		43:30.0	47:06.0	956
18	CAROLINA NEUMANN BARROS		44:16.3	44:50.4	332
19	NATHALIA CHRISTINA CAPUTO GOM		44:34.6	44:34.6	1349
20	MARCELA FARIA BASTOS		44:38.1	44:55.9	2177
21	DANIELE FERNANDES PINHEIRO		44:47.7	44:56.8	429

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22	TAIS PERON SOUZA GOMES	VIDATIVA	45:02.6	48:13.5	1695
23	AMANDA DA CRUZ DORNELAS		45:18.6	45:50.9	1870
24	ROANE ADRIANE BARCELOS LUZ		45:28.8	46:03.8	2316
25	BRUNA RIBEIRO QUERINO		45:36.3	46:20.5	264
26	FABRINNE PIMENTEL SOLDATI	VIDATIVA	45:37.3	49:21.3	593
27	ANGELICA ETHIAGO		45:54.8	49:18.7	1890
28	SARAH DORNAS DE PAIVA		46:08.1	47:11.8	2346
29	NAIARA CAMPOS FERREIRA		46:11.5	46:46.1	1344
30	LUCIMAR DAS MERCÊS FERREIRA		46:24.5	50:37.2	2159
31	PAULA LUZ SANTOS		46:37.3	46:37.3	1408
32	ERICA BUENO SALGADO		46:43.6	50:15.2	675
33	MARCELA EBERLE BOTELHO		46:55.1	48:55.9	1127
34	MARIANA MORAES DE ALBUQUERQU		47:01.4	51:09.9	1266
35	PATRÍCIA PEIXOTO SANTOS DE LI	FIBRA TECH	47:09.1	50:13.2	1398
36	GABRIELA DE PAULA OLIVEIRA		47:11.3	49:58.0	2039
37	CAMILA MACHADO VALÉRIO		47:31.2	51:24.7	284
38	PAULA MARCIA AFONSO BARRA	MRS	47:36.9	51:38.7	1409
39	MARCELLA RODRIGUES MENDES MOR	VIDATIVA	47:50.8	50:37.7	1134
40	CAMILA MARQUES DE CARVALHO		48:21.8	50:01.2	285
41	IANDRA APARECIDA DA CRUZ	PANTERA COR DE ROSA	48:39.9	52:02.2	769
42	FLÁVIA MENDES VILLELA JUNQU	MRS	48:41.7	51:24.9	635
43	RAÍSSA COSTA BRAGA		48:42.2	50:09.6	2292
44	MARIO YOSHIRO KASAI	TRI RUNNER	48:45.5	50:21.7	1283
45	ANA VITORIA VITORETI MAR	TRI RUNNER	48:45.5	50:21.2	165
46	CAROLINE CAMPOS TEIXEIRA		49:08.7	50:59.7	336
47	ARIANE DE SOUZA TOLEDO	ENERGIA RUNNERS	49:30.9	52:45.1	229
48	FERNANDA F. FARAH		49:41.5	53:24.4	610
49	ISABELA REZENDE GOMES	VIVA SPORT	49:57.8	52:54.8	788
50	FLAVIA TEIXEIRA NOVAES	FORTES ACADEMIA	50:03.7	54:17.4	636
51	MARIANA MAGALHAES SERPA		50:10.8	52:03.7	2210
52	AMANDA DE SOUZA PEREIRA		50:27.4	51:14.8	122
53	LIVIA MARIA BIAGIONI N. RE	FIBRA TECH	50:27.8	53:26.3	1019
54	DESIRRÉ NOGUEIRA DA SILVA		50:29.6	53:18.7	465
55	ANA LUISA MENDES DE MATT		50:30.2	52:31.2	1878
56	MARCELA DA SILVA SALES		50:54.2	51:09.7	1126
57	MARCELA MENDES VILLELA JUNQU		51:25.2	51:25.2	1130
58	TAINARA PEREIRA SANTOS		51:41.6	55:07.0	1694
59	MARIAM CRISTINA DE OLIVEIRA		52:08.4	53:58.2	1261
60	FRANCIELE PERACINI DE LIMA		52:22.4	55:44.8	652
61	JÚLIA DESSUPOIO FURTADO		53:07.4	54:41.5	2114
62	ANELISA REZENDE	VIDATIVA	53:26.6	53:26.6	2726
63	Juliana Meneses Lopes		53:57.3	55:07.5	2100
64	ANNA FLÁVIA PEREIRA NASCI	VIDATIVA	54:00.7	57:13.6	212
65	MARIANA IMBROISI VAZ DE PAIV	CLUBE BOM PASTOR	54:59.4	58:06.4	1265
66	RAFAELA MARQUES RIBEIRO		55:40.8	59:19.2	2291
67	EDUARDA BOTTI BERALDO	GEMA TEAM RUNNER	56:07.2	57:29.3	502
68	ÉRICA MARIA MAGALHÃES PAVÃ		1:00:10.4	1:01:51.7	548

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69	BRUNA BRUM ZAIDAN LOPES	1:00:26.4	1:04:36.8	261
70	ANA LUIZA QUIRINO	1:00:33.0	1:00:33.0	153

**FEMININO 25 - 29**

COL	ATLETA	EQUIPE	T. LÍQUIDO	T. BRUTO	Nº PEITO
1	CLAUDIA GUIMARÃES SCALDINI	VIDATIVA	31:04.8	31:07.6	20
2	NATÁLIA FERNANDES PINTO	SAÚDE PERFORMANCE	31:21.7	31:21.7	16
3	LUANA LOURENCON CARDOSO		33:53.0	35:06.1	2150
	NCPC POLIANA DE OLIVEIRA CASTILHO	MRS	34:51.4	38:25.2	1445
	NCPC MARIANA O. MACIEL PINHEIRO L		35:23.2	39:40.0	1267
4	BÁRBARA LOURES PERALVA		35:48.5	37:25.7	1905
5	MARCELLA AMARAL HORTA	VIDATIVA	37:02.9	38:30.5	1132
6	ALICE MARTINS RABELO	SOUL RUNNERS	38:35.9	38:58.9	101
7	MAHINA PROBA FAVA	SAÚDE PERFORMANCE	39:25.7	40:19.1	1119
8	FLÁVIA DE OLIVEIRA	SUPREMA	39:59.5	39:59.5	631
9	RAQUEL CRISTINA REIS FERREI		40:04.5	43:54.2	2297
10	BIANCA MATHEUS DE OLIVEIRA	FIBRA TECH	40:40.8	42:26.0	255
11	CRISTIANE MATHEUS OLIVEIRA	FIBRA TECH	40:48.1	42:32.7	395
12	NATHALIA LIMA DE ARAÚJO PIRES	FIBRA TECH	40:55.0	44:10.3	1351
13	CELINA CORDEIRO FONSECA	VIDATIVA	41:05.4	42:26.1	345
14	ARACELI CALIXTO DE LIMA		41:14.1	43:40.7	1898
15	BARBARA BARROS DE FIGUEIREDO		41:28.7	44:08.1	242
16	MARIANA CASTRO FARIAS		41:42.0	43:17.2	2207
17	MARIA IZABEL RIBEIRO DE CA		41:45.4	43:43.5	2203
18	ELIANE CUNHA DE SOUZA	ENERGIA RUNNER	42:11.9	42:36.5	524
19	BRUNA PEREIRA GOULART	MRS	42:17.7	43:10.3	262
20	LAIS CARNICELLI	LIVEWELL	42:22.8	42:59.1	953
21	THAIS ROCHA	VIDATIVA	42:55.0	46:09.3	1725
22	JULIANA MARTINS TAVARES		43:01.8	45:17.3	2115
23	Anik Souza Candido		43:13.6	44:46.4	210
	NCPC CINTIA FABRICIA REZENDE	CEDIMIDAM	43:20.4	43:20.4	356
23	MARIANA CARVALHO RIANI		43:23.5	44:35.7	1262
24	KALLINE CARVALHO GONÇALVES E		43:28.8	44:19.9	2119
25	THAIANA FERNANDES PINTO GOME		43:43.5	45:10.2	1717
26	ANA KARLA DE SOUZA PEREI		43:50.5	46:58.9	149
27	ROSANGELA GAMARANO DE FREITAS		43:51.1	47:23.9	1607
28	ANALICE VIEIRA ÁVILA	INSPIRE	44:24.4	44:24.4	166
29	RAFAELA CURY REATEGUI	FORTES ACADEMIA	44:32.3	48:02.3	1479
30	ANA CAROLINA TAGLIATI	TRILHAS DO CORPO	44:36.2	46:01.2	139
31	CRISTIANE FERREIRA VIEIRA DA S		44:39.1	44:46.6	393
32	VÂNIA DE OLIVEIRA GOMES		44:40.7	46:05.2	2370
33	CHRISTIANE REZENDE DE SOUZA	CHRISTIANE RESENDE PERSONAL	44:42.9	48:25.7	353
34	ANIELLE F. DE S. R.		45:03.3	47:35.0	209
35	ROBERTA BRANDÃO	SAÚDE PERFORMANCE	45:33.2	46:53.9	1553
36	HELENA MULLER		45:39.7	47:36.5	2058
37	LÍVIA CESTARO SANTIAGO		45:54.6	47:28.4	1015
38	NEUSINHA FARAJ	GEMA TEAM RUNNING	45:56.4	47:30.4	1361

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39	JARLENE APARECIDA BANDOLI MO		46:00.1	48:48.5	818
40	RAQUEL MORAES MENDES	CORRENDOCOMASAMIGAS	46:06.8	48:50.9	1503
41	VERONICA MARLIERE TEIXEIRA		46:10.8	50:01.6	2371
42	CAROLINA CUNHA CEZÁRIO	GRANBERY	46:13.5	48:55.1	328
43	JANAINA CORREA		46:15.1	49:36.4	2083
44	ALINE ARAÚJO ROCHA NERY		46:15.5	49:53.2	104
45	LIDIANE QUEIROZ T. SILVA	HIGÉIA	46:17.5	46:25.6	1008
46	AMANDA VASCONCELOS MUNDIM		46:26.7	47:42.6	125
47	ANA CRISTINA GONÇALVES D		46:28.1	48:10.7	1874
NCPC	CINTIA PERES QUERINO		46:28.9	47:40.8	358
48	BARBARA DE CASSIA F. SANTIAG	HYPERION RUNNING	46:32.4	49:41.6	243
49	PRISCILA FERREIRA	UNIMED JF	46:52.4	51:44.1	1451
NCPC	NATHALIA DE PAULA MENDES	CEDIMIDAM	46:56.9	49:36.0	1350
50	ANDREIA APARECIDA DOS REIS F		46:58.5	51:07.2	197
51	FERNANDA LIMA	VIDATIVA	47:10.2	51:30.6	2397
52	ANDRÉIA MARIA BORGES		47:10.4	51:20.5	1889
53	CINARA RODRIGUES DOS REIS S		47:15.9	47:41.4	355
54	PRISCILA IZABEL DE FARIA	EBENEZER	47:22.9	47:32.3	1452
55	DANIELE NOVAES DA SILVA		47:24.2	49:05.9	1954
56	FRANCIDALVA DE SENA		47:24.5	52:02.2	651
57	BRUNA BRAGA SILVA ARAUJO		47:30.0	50:24.5	1910
58	Isabela Amatea	CRIA UFJF	47:32.7	50:07.7	553
59	DAISY GOMES SAMIA		47:34.5	47:45.7	405
60	ALINE FERREIRA	SAÚDE PERFORMANCE	47:53.6	50:34.1	108
61	MARIA APARECIDA FERREIRA D		47:55.1	49:29.3	1218
62	CINTIA CRISTINA LEAL		48:04.0	51:32.9	1934
63	BIANCA LOPES DE OLIVEIRA	GYMNASIUM	48:13.0	51:27.8	254
64	NATÁLIA CAMPOS TEIXEIRA NUNE		48:13.8	50:05.1	1347
65	POLLYANNA RIBEIRO RANGEL	VIDATIVA	48:19.9	50:43.6	1448
66	LETICIA DANIELLE FERREIRA SE		48:27.1	50:48.0	1002
67	ANELISE BELLOZI PIRES	TRILHAS DO CORPO	48:34.2	52:16.0	202
68	RAFAELA POLICIANO ROSSI		48:47.3	49:50.4	1485
69	LETÍCIA DE OLIVEIRA ROCHA	HIGÉIA	48:53.1	49:55.8	1003
70	MILA SILVA TAVARES	TRILHAS DO CORPO	48:55.6	52:37.5	1324
71	HELLEN BITTENCOURT		49:00.5	50:06.5	748
72	MARINA HIPPERT S. C.	VIDATIVA	49:31.9	53:15.7	1278
73	ALESSANDRA MARIA GONÇALVEZ GOM	CORPO & CIA	49:36.4	50:50.3	67
74	MARIANE ALVES MARONNI	MRS	49:41.4	50:30.5	1270
75	ANA CAROLINA ABDALLAH	BIOFORMA ACADEMIA	49:47.2	52:39.9	136
76	MARYANA FREITAS SCALI	MRS	49:50.4	50:24.1	1295
77	CRISTILANE AFONSO DUQUE MARCHI		49:57.1	50:20.2	397
78	MARIANA PENA TEIXEIRA		50:03.4	54:17.2	1268
79	NATÁLIA GOMES FERREIRA		50:16.9	53:46.2	2239
80	ANA CRISTINA LOPES FERNA		50:22.4	53:59.2	1875
81	PAULA CAMPOS TEIXEIRA		50:23.3	53:11.5	1406
82	DANIELLY SANTOS	VIDATIVA	50:23.5	52:46.8	434
83	BIANCA BELLONIA HADDAD GOME	VIDA E SAÚDE	50:39.5	54:22.4	253

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84	MARIA FERNANDA TEIXEIRA DO		50:43.8	51:54.0	2201
85	JULIANA NETTO DE AQUINO		50:44.0	54:53.0	914
86	LUDMILA MAÍRA RIANI DE OLIVE		51:01.5	53:42.0	1071
87	ROSANE DE FREITAS LIMA		51:02.7	55:53.3	2336
88	LUCIANE DE FREITAS LIMA		51:03.1	55:53.3	2157
89	FABIANA SANTOS DA SILVA		51:07.9	51:07.9	2003
90	LUCELAINE DE PAULA		51:10.7	52:14.0	2154
NCPC	CAMILA RODRIGUES GUEDES		51:22.3	53:08.2	1918
91	PATRÍCIA APARECIDA PURGATO CA		51:35.9	53:12.3	1390
92	REGIANE BITTENCOURT DE ANDRA		51:44.0	53:39.3	2299
93	KAMILA GIOTTI		51:44.4	55:00.3	2120
94	LUÍSA SCAFUTTO DE FARIA		51:46.4	56:32.9	2162
95	LAÍNE TAVARES MIRANDA		51:48.4	53:33.2	2128
96	LARISSA PAIXÃO BARTOLI SILVA		51:48.7	52:52.6	960
97	MIRIAN CAMPOS DE OLIVEIRA M		51:51.7	55:18.4	2228
98	MICHELE SOBREIRO PIRES		52:17.6	53:34.6	1318
99	HELLEN AMANDA CARDOSO		52:17.8	54:06.7	747
100	AMELIE GABRIELLE VIEIRA FAL	INSPIRE	52:19.8	54:07.4	131
101	DÉBORA HELOISA ALBANO	CEDIMIDAM	52:39.4	56:18.7	451
102	ROBERTA TALIAATTE VALVERDE		52:42.5	53:38.0	2319
103	SABRINA LOPES DA SILVA	CEDIMIDAM	52:43.5	54:36.6	1616
104	RAQUEL LINO MIRANDA DE OLIV		52:45.1	55:46.9	1499
105	FERANDANDA MACHADO DA COSTA		52:50.6	55:25.2	606
106	PATRÍCIA MÁRCIA DE PAULA	FIBRA TECH	52:50.8	55:10.8	1395
107	MAYARA MARQUES MARTINS REZE	FIBRA/TECH	52:51.4	55:10.9	1311
108	MARIA ANGÉLICA OLIVEIRA FE		52:51.7	53:25.9	2199
109	LAIS SILVA	SAÚDE PERFORMANCE	53:08.9	57:12.5	954
110	ISABELA MIRANDA DE MENDONÇA		53:12.6	55:43.4	787
111	CAROLINA MARQUES DE REZENDE	VIDATIVA	53:27.0	53:27.0	331
112	ADRIANA APARECIDA DA SILVA		53:36.3	54:50.6	33
113	CLÁUDIA PEREIRA VAZ DE MAGAL		53:42.3	54:43.1	1936
114	RACHEL MAIA DE ARAUJO		53:42.5	54:43.4	2274
115	CINTIA FERREIRA PEREIRA	SAÚDE PERFORMANCE	53:47.6	56:53.2	357
116	HARIAN ARAÚJO SILVA	INSPIRE	53:58.4	57:18.5	736
117	IZABELLA FERREIRA DA SILVA		54:06.4	56:01.9	2078
118	LUIA DETONI BARRETO	VIDATIVA	54:52.1	55:44.6	1087
119	PAULA SALOMÃO MARTINS		55:35.2	57:31.2	2259
120	MAÍRA CARVALHO COELHO		55:55.7	58:36.9	1120
121	LAÍSE CARVALHO COELHO		55:56.0	58:37.3	955
122	PAMELLA MARTINS DE OLIVEIRA		56:00.9	59:39.8	2252
123	CAMILA MATHEUS MOURA		56:31.0	59:15.8	286
124	MICHELINE ISAAC KANAAN LARA		56:32.2	1:01:09.7	1319
125	DEBORA GONZALEZ MONTEIRO DA		56:46.5	59:44.8	450
125	DALYAN SEGHETTO	MOVIMENTE-SE	56:59.0	59:20.8	406
126	MARINA GUEDES FRAGA LOPES	VIDA E SAÚDE	57:00.2	58:07.7	1277
127	RAFAELLA APARECIDA DA SILVA C	HYPERION RUNNING	57:00.5	1:00:08.2	1486
128	NATALIA DA COSTA FOSTER		57:04.8	57:04.8	2238

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129	MARIA PAULA DE ALMEIDA BAR		57:37.8	1:00:46.9	2206
130	ISABELA CAGNIN FONSECA		57:38.5	1:00:48.8	2070
131	GIOVANNA MENDES SAGGIORO		1:00:10.7	1:01:51.8	711
132	RAFAELA MORENO DE PAULA SANT	HYPERION RUNNING	1:00:46.1	1:00:46.1	1483
133	LETÍCIA ROCHA DE ARAÚJO		1:01:00.4	1:02:41.2	2142
134	JOSIANE CRISTINA DOS SANTOS		1:01:31.5	1:03:23.4	898
135	ROBERTA DE MACEDO MAGALHÃES		1:01:40.9	1:05:15.9	2318
136	MARIA FERNANDA QUIRINO		1:01:53.9	1:01:53.9	1245
137	SOHRAYA RUHENA FERREIRA		1:03:04.7	1:07:05.7	1675
138	RENATA BOTTI	VIDATIVA	1:05:17.9	1:09:01.3	1526

**FEMININO 30 - 34**

COL	ATLETA	EQUIPE	T. LÍQUIDO	T. BRUTO	Nº PEITO
1	ÉRIKA MARIA JOSÉ VIEIRA	ASCOMCER	26:18.7	26:21.2	11
	NCPC SHISLEY DE PAULO	BD	30:27.6	31:18.9	1652
2	SARA PEREIRA R. COLACI	SAÚDE PERFORMANCE	31:06.9	31:22.5	1630
3	CAROLINE BARRADAS	VIDATIVA	32:14.0	34:44.0	335
4	AMANDA PAVÃO ZAMPERI	VIDA E SAÚDE	32:49.2	32:51.4	124
5	LUIZA REBELLO L. SIQUEIRA	CASAL SINISTRO	34:38.5	36:43.4	1111
6	PRISCILA DIAS DE ALMEIDA		34:43.4	40:21.2	2272
7	THAIS MATIOLI E SILVA		35:20.4	37:20.6	1723
8	TATIANE NUNES DE CASTRO FLOR		35:51.5	35:56.3	1712
9	ANA CAROLINA LOPES		35:59.3	36:44.3	138
10	THAISE SOUZA	SAÚDE PERFORMANCE	36:00.7	38:21.3	1727
11	OLÍVIA FERNANDES ALMEIDA	ALPHA ACADEMIA	36:05.5	37:42.6	1376
12	MARINA AYUPE VALENTE GRUPPI	NECTONUS ACADEMIA	36:08.9	41:10.9	1273
13	MARCELA VIEIRA FLORES	NECTONUS	36:28.2	36:51.8	1131
14	SIMONE APARECIDA DE ANDRADE	ENERGIA RUNNERS	36:29.5	36:58.8	1669
15	ALINE CABRAL CASTRO	FIBRA TECH	36:34.6	37:09.7	105
	NCPC CAROLINA PAIVA FERREIRA	BD	36:54.6	40:04.9	333
16	ELIZABETH MENDES DE SOUZA		36:55.7	38:43.5	1991
17	WANESSA DE PAULA MOURO	GOLD/SUPREMA	37:07.5	38:35.2	1816
18	JAQUELINE CAMPOS DO CARMO	COLISEU ACADEMIA	37:38.9	37:53.7	815
19	DANIELA HANDERSON DE ARAÚJO	OZÔNIO	37:45.0	37:58.4	419
20	PAULA GEARA CARDÃO POVOLER	TRI RUNNER	37:45.6	39:33.7	1407
21	GEOVANA LOQUE CARNEIRO		37:49.4	40:01.7	681
	NCPC LETICIA MENDONÇA	SAÚDE PERFORMANCE	38:03.6	41:54.2	1006
21	CRISTIANE De Oliveira Rezende	LONG LIFE	38:10.6	38:57.5	391
22	CRISLENA DE ALMEIDA PEREIRA	ENERGIA RUNNERS	38:11.6	39:11.4	388
23	LIVIA MARIA DE ABREU SALLE		38:33.7	41:24.5	2146
24	LEILIANE NASCIMENTO	ALPHA ACADEMIA	39:09.6	40:20.2	981
25	JOZIANE DIONÍSIO	CEDIMIDAM	39:11.5	39:44.3	902
26	MARCELLA MARCATO GUERRA	CARIOCAS DO BREJO	39:19.0	40:03.5	1133
28	DÉBORA CARLA PINTO GOMES		39:45.8	40:02.9	1959
29	PRISCILA FERNANDES		40:09.5	43:04.7	2273
30	JUANITA ARAÚJO CAMPOS	GEMA TEAM RUNNER	40:13.3	41:01.4	904
31	CAROLINA ZINATO TAVARES	TRI RUNNER	40:20.6	40:32.1	334

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32	ANA PAULA SANTOS MACHADO		40:22.4	43:16.4	1883
33	FABIANA CESAR COSTA		40:26.9	42:11.6	2002
34	FRANCILENE NATÁLIA DE ALMEIDA P	MOVIMENTE-SE	40:32.4	42:54.3	653
35	JOSIANE APARECIDA MIRANDA		40:52.8	42:05.1	897
36	ÁUREA ÂNGELO FERREIRA	CEDIMIDAM	40:54.9	41:28.0	237
37	LUCIANA DE CASTRO BRAGA	INSPIRE	41:09.0	41:09.0	1041
38	MARISTELA DA SILVA GUIMARÃES		41:10.1	42:21.5	1286
39	LÍVIA FERREIRA		41:11.4	43:23.0	2145
40	NATALIA PALETTA SALAZAR		41:22.3	42:02.0	2240
41	Sheila Carvalho	VIDATIVA	41:24.7	43:13.2	3017
42	NICOLE MANSUR DE ARAÚJO	GEMA TEAM RUNNING	41:29.1	44:19.7	1366
43	ANDRESSA LIMA TALMA	CORPO & CIA	41:33.4	42:14.3	201
44	AMANDA ELIAS MAGALHÃES		41:38.3	43:52.5	123
45	KATIA NATALINO DA SILVA		41:38.7	45:04.2	944
46	DAYSE SENRA DE ANDRADE FER		41:45.1	43:35.1	1958
47	TATIANA DEOTTI DE ASSIS	HIGÉIA	41:49.1	42:44.4	1707
48	MICHELLE CORREIA FRANCO		41:59.3	42:59.5	1320
49	ARIADNA MAIA MASSUCATTO		42:11.6	42:11.6	228
50	GISELE MARIA LAYER		42:14.6	42:35.2	712
51	GEORGIA AQUINO		42:23.3	42:59.0	679
52	LUCIANE HENRIQUE DE OLIVEIRA		42:24.3	42:28.9	1053
53	ANA CRISTINA DUARTE JORD	VIDATIVA	42:43.7	45:10.4	146
54	ANA CAROLINA CARNEIRO WE	HYPERION RUNNING	42:46.6	45:09.8	137
55	NICOLE IRENE CONCEIÇÃO DE S		42:49.3	44:32.1	2247
56	THAÍS RESENDE WERNECK		42:52.3	46:37.9	2359
57	BARBARA MERGH SETTE FINAMORE		43:05.0	43:48.4	1906
58	TATIANY DUQUE NAZARETH		43:07.4	43:35.7	2358
NCPC	ROBERTA APARECIDA VENÂNCIO	CEDIMIDAM	43:20.5	43:20.5	1552
59	KAREN KELLY DO N L		43:32.6	46:31.6	2121
60	CAROLINA PEREIRA DE MELLO		43:39.0	47:48.1	1928
61	MARINA BELLINI CARVALHO	TERRABIKE	43:40.2	44:21.8	1274
62	TATIANA RIBEIRO MENDES DE MO	MRS	43:42.7	44:23.1	1710
63	DELMA PIMENTA VILETE		43:43.0	44:01.6	458
64	THAIS FERREIRA DE OLIVEIRA	FIBRA TECH	43:49.5	45:53.6	1722
65	MARINA DE AZEVEDO ESTEVES F		43:54.0	47:01.4	1275
66	BEATRIZ ANTUNES BORGES MAGAT		43:58.6	44:24.9	245
67	KELLI BORGES DOS SANTOS	HYPERION RUNNING	44:07.9	44:56.5	949
68	MARIELA DE CARVALHO MAIA		44:14.2	48:39.7	2213
69	JOYCE OLIVEIRA DOS REIS		44:27.6	46:55.4	901
70	MIRIAN KELLY SILVA DE ALMEI		44:28.3	44:47.2	2229
71	RAQUEL LOTH CARVALHO		44:34.0	45:43.5	1501
72	VIVIAN FARIA WEISS		44:37.7	48:23.2	1799
73	TATIANE SILVEIRA ALVES		44:53.7	45:52.6	2357
74	DANIELE DIAS DE OLIVEIRA ALV		45:04.9	45:51.1	1953
75	DANIELA LIMA FONSECA	TRI RUNNER	45:15.5	45:15.5	421
76	CHARLENE MEDEIROS DA SILVA	ACTIVA FITTENES	45:18.0	45:49.8	2760
77	JULIANA MIRANDA DE CARVALHO	TRILHAS DO CORPO	45:35.4	49:15.8	913

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78	CAROL RODRIGUES	SAÚDE PERFORMANCE	45:36.8	49:27.2	325
79	CAMILA QUINETTI PAES		45:38.8	48:34.5	1917
80	JULIANA DIAS NASCIMENTO FERR	LONG LIFE	45:41.1	46:29.9	910
81	DEBORA DE OLIVEIRA GLANZMAN		45:45.6	47:04.8	449
82	KAMILA GUERCIO FERNANDES		45:47.2	49:49.2	933
83	VICTÓRIA ALESSANDRA DA SILVA		45:47.5	49:56.3	2373
84	CIBELE FERRAZ		45:57.1	47:34.2	1933
85	GIOVANA DORNELLAS PONTES		45:58.2	47:26.1	708
86	FRANCINI FONTAINHA KLANZMANN		45:58.4	49:37.1	2033
87	Paula Granato Falce		45:59.1	49:24.1	1345
88	ALEXANDRA DE OLIVEIRA NEVES		46:04.0	49:28.1	1859
89	FLAVIA DE PAIVA PAULA DAMAT		46:07.9	48:15.2	632
90	MICHELE BERTOLOSO DE OLIVEIR	ARÔME	46:08.8	49:09.4	1315
91	MONICA TONON		46:12.2	49:36.5	2235
92	JEIZIANE APARECIDA MACHADO AM		46:16.1	47:07.6	2087
93	FERNANDA NOGUEIRA RIBEIRO	CEDIMIDAM	46:25.7	48:15.6	615
94	ULLY VIDON RAIMUNDOQ		46:25.9	49:11.0	1750
95	TATIANE RIBEIRO COSTA		46:28.2	48:15.8	2356
96	ISABELA CABRA ROCHA		46:33.4	46:52.7	2069
97	FABIANA DE REZENDE	CORPO & CIA	46:37.6	48:58.1	576
98	THAIS DE ANDRADE ALMEIDA		46:40.0	47:27.9	1721
99	NINA HALFELD		46:55.6	49:14.6	1370
100	DANIELLE BARROS CENACHI		46:58.7	49:00.1	430
101	FERNANDA REZENDE GARCIA		47:04.3	50:41.7	2020
102	CAROLINA CRUZ		47:09.9	51:31.4	327
103	FERNANDA MARQUES LEMONGE	CORPO & CIA	47:21.3	49:31.7	614
104	PAULA FREITAS FURIATI BITT		47:47.2	50:41.5	2258
105	FERNANDA VIDAL FERREIRA REIS	FORTES ACADEMIA	47:48.5	49:22.9	616
106	CLEIDIANA DE OLIVEIRA ALMEIDA		47:49.1	48:28.2	382
107	ALINE FONSECA	LONG LIFE	47:55.2	51:52.6	109
108	RAQUEL CERQUEIRA	LONG LIFE	47:55.6	51:52.8	1495
109	HELOISA ALVES SOARES	VIVA SPORT CLUB	47:57.6	49:37.2	749
110	TATIANA LIMA DE ALMEIDA		47:58.4	49:31.8	1709
111	POLYANA RODRIGUES DOS SANTOS	LONG LIFE	48:21.4	50:59.0	1449
112	RAPHAELA ABIB PIMENTA BARBOSA		48:24.2	48:24.2	1493
113	MARIANA SOARES SIQUEIRA		48:24.3	50:06.6	2211
114	PAULA TRISTÃO MELQUIADES P		48:41.7	50:06.1	1410
115	Paola Bertolozo		48:51.0	51:52.3	1321
116	RAFAELA PEREIRA		48:52.4	50:16.7	1484
117	PAULA CAMILA RODRIGUES PIN		48:53.3	51:02.1	1405
118	ALINE SOARES DE SOUZA GUAR	CORREDOCOMASAMIGAS	49:01.1	51:52.6	112
119	LUCIANA FERNANDES	MOVIMENTE-SE	49:03.8	51:25.2	1044
120	THAILA VIDAL OLIVEIRA		49:11.5	52:22.7	1719
121	MILENE DE OLIVEIRA		49:13.7	49:13.7	1326
122	NATHALIA LOPES FALCI		49:16.8	50:26.1	1352
123	CATARINA DELGADO DE OLIVEIRA		49:17.4	52:58.3	1929
	NCPC FABÍOLA DANTAS		49:22.6	51:04.9	2007



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124	GLASI GUIZALBERTH		49:38.3	50:42.7	2045
125	Izabella Casula Carrieri	Acorlaf	49:38.7	51:04.5	807
126	NATHALIA MARIA MORAES E OLIVE	EQUIPREGUIÇA	49:46.2	51:27.3	1353
127	CAMILA A. FERRAZ DO NASCIME		49:52.6	51:39.4	282
128	FABIANE DIAS COELHO	TRI RUNNER	49:58.0	54:22.3	580
129	CRISTIANA RESENDE		50:12.5	52:30.0	1945
130	RENATA ANTONIETTO DE OLIVEI		50:31.0	54:19.7	1523
131	FABIANA ELISABETH DIAS BALDI	VIDATIVA	50:32.7	50:32.7	577
132	TATIANA FONSECA BRITO DE OLI	VIDATIVA	50:38.2	50:38.2	1708
133	MARIA DE FÁTIMA BIANCO	BD	50:50.8	53:54.2	1231
134	MARIA IZABEL FERREIRA MEND		50:58.7	55:00.7	1250
135	PATRÍCIA PEREIRA QUINELATO		50:58.8	51:59.5	1399
136	SORAYA CRISTINA GALDINO		51:00.7	54:33.1	1681
137	ALINE RODRIGUES DE SOUZA		51:18.2	51:41.9	111
138	POLIANA DE PAIVA AGUIAR		51:27.9	53:20.8	1446
139	GEISA BERNARDES DE OLIVEIR		51:35.0	51:35.0	2040
140	MARINA GANIMI FORN		52:19.5	56:07.9	1276
141	CARLA DA COSTA SANTOS		52:28.1	54:14.4	1920
142	LUANA FERREIRA		52:38.8	52:38.8	2149
143	JULIANA OUTEMURO	VIDATIVA	53:04.5	57:22.2	2714
144	Tatiana Silva Gonçalves		53:06.3	54:01.6	3004
145	CHEILA FRANCO VENTURA	ASCOMSER	53:21.6	53:21.6	352
146	ANA LÚCIA DAMASCENA NASC	GRANBERY	53:22.3	53:33.1	151
147	LUCIANA DE OLIVEIRA CAMPOS	SOUL FITNESS	53:26.3	53:26.3	1042
148	GISELLE NETTO	INSPIRE	53:36.6	55:37.2	713
149	ANDREIA DAS GRACAS CAMARA DO		53:38.3	57:43.9	1888
150	LUCIANA ROUX LIMA FERREIRA	SAÚDE PERFORMANCE	53:46.3	56:53.1	1052
151	FLAVIA SILVA SOUZA		53:57.5	56:38.6	2030
152	MARIANA DELGADO FERNANDES		54:02.0	55:48.3	1264
153	LÍVIA MARIA TOLEDO		54:08.6	54:17.5	1020
154	ANA CLARA FONTAINHA	CEDIMIDAM	54:35.8	58:15.4	141
155	SABRINA MARÇAL VELOSO		54:44.1	58:17.4	2343
NCPC	ALICE WESSLING LADEIRA		54:58.4	55:14.1	102
163	MARCELA MEDICE MARASSI		55:16.1	58:14.5	2178
164	CAMILA CANEDO	SAÚDE PERFORMANCE	55:38.4	57:09.7	283
165	NICOLE DE OLIVEIRA AGLIO		56:04.4	56:04.4	1364
166	CAROLINA BISAGGIO		56:48.0	58:26.7	1926
167	FERNANDA ALVES CAMPOS		57:02.8	57:48.4	2017
168	JOSIMARA FARIA BARBOSA BAPTIS		57:21.6	1:00:23.1	900
169	MARCELA FREITAS SILVEIRA	MRS	57:29.5	59:29.7	1129
170	RAQUEL DE MEDEIROS ANDRADE		57:36.1	57:36.1	1497
171	DANIELA NOGUEIRA VIEIRA	HYPERION	57:38.0	1:00:47.5	626
172	LÍVIA MACIEL PINHEIRO GUIM	MRS	57:43.4	57:43.4	1018
173	ROBERTA ASSIS ZAGHETTO DE PA		57:48.9	59:56.8	2317
174	AURELÍVIA CARDOSO	GEMA TEAM RUNNER	58:24.7	59:23.4	240
175	MIRIAM DE OLIVEIRA MORAES		58:39.0	58:39.0	1332
176	POLLIANA HENRIQUE MARTINS		58:55.6	59:42.1	1447

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177	ESTEFANIA CARVALHO ROSSIGNOLI		58:59.9	59:46.1	561
178	SAMIRA CARDOSO		59:14.8	1:01:17.9	1619
179	MARINA REIS COIMBRA	GOLD/SUPREMA	59:48.5	1:01:12.2	1279
180	RAQUEL PASCINE SILVEIRA DE		59:55.4	1:00:40.7	2298
181	MIKELLI RODRIGUES MAGALHÃES		1:01:15.6	1:02:09.5	1323
182	MILENA CORDEIRO DE ALMEIDA	INSPIRE	1:01:30.6	1:03:17.4	1325
183	EDWIGES CONSENTINO PIRES		1:01:33.9	1:03:04.4	1984
184	FABYOLA PORTES FRANCO		1:02:44.2	1:03:52.0	2009
185	DANIELE APARECIDA MORAES VIE		1:04:11.3	1:09:12.3	424
186	ADRIANA APARECIDA FONSECA	VEM CORRER	1:04:29.9	1:07:06.9	34
187	TATIANE DE ABREU BRAGA		1:05:19.5	1:06:33.2	1711
188	Maria Alves		1:09:25.1	1:09:38.5	3002
189	MARIANA CORRÊA LIMA NOVAES		1:14:54.4	1:17:07.9	2208
190	AYSLA LOVISI OLIVEIRA		1:14:55.2	1:17:08.8	1904

**FEMININO 35 - 39**

COL	ATLETA	EQUIPE	T. LÍQUIDO	T. BRUTO	Nº PEITO
1	Joelma Santos Silva Barbosa	Acorlaf/Rodrigues e Castro	32:08.2	32:25.1	846
2	MARIA DE FATIMA DO NASCIME		33:30.9	33:45.0	19
3	ANNA CAROLINA CALIL E SIL		34:52.0	36:58.0	211
	NCPC CAROLINA DE PAULA SAMPAIO	CEDIMIDAM	34:42.6	36:48.7	330
	NCPC ERICA NEVES ABREU		35:02.6	38:50.2	1996
	NCPC LUZIA SONIA DE SOUZA TADY		35:03.4	36:35.8	1113
4	CAROLINA CARVALHO ZACHARIAS	HIGÉIA	35:20.0	36:14.2	326
5	CLAUDIA MAGALI VIANA MALFETA	LONG LIFE	36:01.6	36:13.6	367
6	RAQUEL MARTINS MELO PINHEIR	VIDATIVA	36:17.3	38:27.3	1502
7	MARINA PEIXOTO FRGUAS		36:25.6	36:45.7	2216
8	DANÚSIA DA SILVA VILELA		36:45.0	37:00.5	438
9	PRISCILA ALVIM MENDONÇA	OZÔNIO	37:00.1	37:05.0	1450
10	VALESCA FRANÇA SOUZA		37:21.6	40:01.8	2716
11	DAYSE MOURA RESENDE E ALME		37:23.4	39:51.9	447
12	CRISTIANE APARECIDA PAES SANTO	TRI RUNNER	38:45.2	43:12.1	389
13	LUCIANA ANDREA SALVIO	VIDATIVA	39:09.6	40:34.1	1036
14	MARCIA REGINA DIAS		39:28.1	41:27.3	2186
15	SANDRA CRISTINA RODRIGUES C	CLUBE BOM PASTOR	39:35.9	39:57.3	1624
16	VIVIANE CASTELLÕES	LONG LIFE	39:50.2	40:52.4	1800
17	GEANY ARRUDA	SAÚDE PERFORMANCE	40:04.8	41:14.7	677
	NCPC KARINA DE ANDRADE		40:14.0	44:13.5	936
19	JACQUELINE MARIA DE MELO		40:15.2	40:46.9	2080
20	VANICE LITTIERI	SAÚDE PERFORMANCE	40:46.9	43:08.2	1775
21	ADAIZA XAVIER DE FARIA		41:01.7	44:46.5	1846
22	ÉRIKA LÚCIA ABRAMO	CARIOCAS DO BREJO	41:03.4	41:47.9	558
23	RAFAELA MIRANDA GOMES		41:14.7	42:09.8	1481
24	PATRÍCIA LISBOA DA FONSECA	LONG LIFE	41:19.1	42:36.1	1394
25	EVA MARIA PINEIRO MARQUE	OZÔNIO	41:42.4	41:46.5	567
26	KARINE HELENA DE SOUZA LOPE		41:50.3	44:54.9	938
27	RAQUEL CARVALHO FELÍCIO		41:51.3	42:11.1	1494

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28	KÁTIA SCORALICK	UNIMED JF	41:56.2	44:07.1	945
29	ALESSANDRA BOTARO SCHMIT	SOUL RUNNERS	42:03.5	45:48.8	64
30	IANY MACACCHERO DETONI		42:07.1	44:01.8	771
31	VIVIANE MACACCHERO DETONI		42:12.8	44:06.3	1801
32	CRISTIANE G. XAVIER		42:23.3	42:58.8	394
33	LILIAN APARECIDA COELHO REN	VIVA SPORT CLUB	42:32.8	42:32.8	1010
34	DANIELLE CAPUTO		43:03.7	43:52.3	1955
35	JULIANA ROSA GONZAGA		43:04.9	46:48.3	917
36	FERNANDA DUTRA	LIVE WELL	43:05.8	44:21.8	609
37	FERNANDA C. DE ALMEIDA E.		43:15.9	43:15.9	2018
38	ALLINE MIRANDA MACHADO	SAÚDE PERFORMANCE	43:16.6	44:24.4	115
39	RENATA DO CARMO		43:17.1	46:02.6	2304
40	MÁRLEN PARADELA		43:28.0	44:24.2	1289
41	HELANGE ALICE DO CARMO PEREI	FIBRA TECH	43:54.5	46:25.9	2746
42	CRISTIANE COSTA GANDA		43:56.0	44:37.3	390
43	FABIANA MEDEIROS DA CONCEIÇÃO		44:46.8	44:52.8	579
44	RACHEL LOPES RENA		44:50.9	47:23.1	1454
45	ANA SIMONE FERREIRA DURÇ		44:53.9	45:50.5	164
46	ONEIDA ELIANE SILVA		45:02.9	45:37.4	1377
47	FABIANA F. LAMAS	LONG LIFE	45:10.8	45:48.2	578
48	DENISE LOWINSOHN		45:13.8	46:02.4	1962
49	AMÉLIA APARECIDA ROCHA DE A		45:15.6	47:36.6	130
50	MARIA APARECIDA SILVA ALVE		45:22.0	48:17.1	1220
51	PATRÍCIA PASQUINI	SAÚDE PERFORMANCE	45:25.9	46:52.3	1397
	NCPC ALINE MARCIA RESENDE DE SO		45:28.6	48:00.9	1866
	NCPC GEORGIA MEDINA E. TARDIO	VIDATIVA	45:29.1	48:01.3	680
58	MARIA JOSÉ PEREIRA		45:46.1	48:27.5	1253
59	ANA FLÁVIA DELGADO DE AL		46:00.2	49:03.1	148
60	Thais Miranda Gomes		46:01.5	46:56.6	1341
61	ALESSANDRA SALIMENA		46:02.8	50:09.1	68
62	RENATA BAPTISTA COURA		46:26.4	49:11.6	1524
63	RAQUEL LOPES ALVES	GRANBERY	46:46.7	51:18.8	1500
64	DANIELE BRANDÃO TEIXEIRA	ENERGIA RUNNERS	46:49.2	47:40.4	427
65	CARLA FABIANA GONÇALVES MA		46:51.4	48:51.1	1921
66	JUVANEIDE FABIANE DE SOUZA		46:57.7	47:44.3	930
67	MICHELLE MULLER VIEIRA MARQUE		47:12.7	51:22.2	2226
68	DIANA DE MEDEIROS ANDRADE		47:14.3	47:14.3	466
69	THAÍS CAMARGO BITTENCOURT		47:15.6	50:21.1	1720
70	CARLA APARECIDA OLIVEIRA B	FIBRA TECH	47:20.1	48:31.6	290
71	ÉRICA NEVES ABREU		47:22.4	50:21.5	549
72	FERNANDA DE CASTRO FRANÇA	VIVA SPORT CLUB	47:26.1	48:43.6	607
73	FERNANDA LIDA DE ABREU R.		47:26.2	49:08.7	613
74	JOSIANE DA SILVA APOLINÁRIO	ENERGIA RUNNERS	47:29.7	48:24.8	899
75	LEONORA D'ASCENSAO MANSUR		47:40.6	50:32.0	2140
76	ISABELLE P. PERUZZI		47:51.3	48:13.6	792
77	TATIANA CARVALHO	VIDATIVA	48:28.6	50:57.6	1706
78	CARLA REIS SANTOS COSTA		48:38.5	48:48.6	2724

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79	JULIANE ALMEIDA CAMPOS	CEDIMIDAM	48:42.4	50:33.1	919
80	GLAUCIA COTTA ESMÉRIO BARBOS		48:42.5	49:10.4	2046
81	EDIMARA DE FÁTIMA ZANETA		48:43.5	50:37.8	1975
82	CRISTINA SAYURI CORTES OUCHI	CORRENDO COM AS AMIGAS	49:07.5	51:53.8	401
83	ALESSANDRA BELUZIO DELAYTI		49:11.6	51:45.7	63
84	RENATA ALBINO PESSOA DUARTE	BD	49:27.9	49:27.9	1522
85	MARCELA ELMAES ANTUNES RIBEI	CORREDOCOMASAMIGAS	49:32.3	52:21.9	1128
86	DANIELA SILVA FREGUGLIA		49:40.9	53:16.1	423
87	ROSÁLIA MARTINS DE PAULA DE		49:47.5	53:08.0	2335
88	TELMA ALVES P. REIFF		49:48.4	52:39.1	1713
89	RENATA BARA MARINHO		49:54.1	53:46.0	1525
90	SONIA VIANNA	CALANGO	49:56.5	52:54.8	1680
91	ADRIANA VALESCA DA COSTA	UNIMED JF	50:02.5	51:16.4	45
92	RENATA CORREA CAMARGO	CORRENDOCOMASAMIGAS	50:09.7	52:57.4	1527
93	LEISA MARIA DE OLIVEIRA		50:28.8	54:10.6	982
94	DEBORA PINHEIRO MARTINS	VIDA E SAÚDE	50:31.5	50:31.5	454
95	LILIAN WERNECK RODRIGUES	HIGÉIA/ESTÁCIO	50:43.4	52:07.6	1013
96	FLÁVIA DE ALENCAR PEREIRA	ASCOMSER	50:48.3	53:21.7	630
97	CINTIA SPINELLI	VIVA SPORT CLUB	51:10.8	54:55.3	359
98	MAIRA BRUM		51:36.0	55:20.5	2175
99	LOUISE VARGAS DE SOUZA LIMA		51:48.2	55:47.6	2148
100	CYNTHIA PAIVA GARCIA		52:12.0	56:00.8	404
101	SHEILA FERNANDES MONTENÁRIO	UNIMED JF	52:12.9	57:06.4	1651
NCPC	WALESKA DE ANDRADE FERRAZ		52:20.5	52:20.5	1808
103	Aline Cristina Mota		53:05.0	54:50.4	2759
104	FABRÍCIA DE CASTRO FEITAL		53:08.1	54:34.4	588
105	ANDREA PINTO ZAQUIEU DIAS		53:11.2	55:23.7	1887
106	ANA CLAUDIA RIBEIRO DA R		53:20.0	56:45.2	145
107	ANNY FARNEY DE SOUZA		53:36.3	53:36.3	213
108	SIMONE DE ALMEIDA		54:16.6	57:22.9	1671
109	MÁRCIA CALEGÁRIO DE OLIVEIR		54:41.0	57:00.9	1165
110	LUCIANA MORÃO REZENDE		54:42.2	55:39.0	1049
111	DANIELLE ESTEFEN GUARÇONE		55:01.1	57:55.3	431
112	CECÍLIA GANIMI FORN		55:18.9	59:06.9	342
113	CRISTIANE DOS SANTOS PINTO		56:24.7	1:00:00.4	392
114	DANIELE CORREA ROCHA		56:32.8	57:21.9	428
115	GISELLE PEREIRA BARBOSA		56:50.3	1:01:03.4	714
116	ANNA LYGIA COTTA ESMÉRIO		57:14.7	58:34.3	1894
117	ELISA DE OLIVEIRA MARSICAN		57:37.1	1:00:47.4	1990
118	VALESCA NUNES DOS REIS	INSPIRE	58:10.3	1:01:29.9	1761
119	PATRICIA ELKIKI DOS SANTOS	INSPIRE	58:11.6	1:01:31.9	1392
120	RENATA VILELA LEMOS	SAÚDE PERFORMANCE	58:57.5	59:41.8	1536
121	ADRIANA DE AGUIAR CASTRO FRA		59:25.6	1:03:08.7	38
122	LILIAN MARIA RIANI DE OLIVE		1:01:40.7	1:05:15.8	1012
123	IVANA ELISA LESSA DILLY TE	LONG LIFE	1:02:24.6	1:06:25.0	800
124	LUCIANA FARIA LIMA		1:02:44.3	1:03:52.6	2155
NCPC	GINA CLAUDIA TEIXEIRA		1:05:58.3	1:06:29.2	2044

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126 Josely Ferreira Ribeiro 1:10:07.5 1:10:07.5 3010

**FEMININO 40 - 44**

COL	ATLETA	EQUIPE	T. LÍQUIDO	T. BRUTO	Nº PEITO
1	DÉBORA CRISTIANE DOS SANTOS	CLUBE BOM PASTOR	30:27.9	30:27.9	17
NCPC	DANIELE BANDEIRA DE OLIVEIRA	CLUBE BOM PASTOR	33:27.0	35:44.3	426
2	CLÁUDIA ALTF NAVARRO		34:29.0	34:29.0	363
3	CATIA TOMAS DE CARVALHO		34:50.8	37:12.1	1930
4	KELIANY APARECIDA ALVES	GEMA TEAM RUNNER	36:01.3	36:18.1	948
5	DENISE CRISTINA ANDRADE PIN		37:00.0	37:07.8	462
6	ANA CLAUDIA DA COSTA		37:02.2	37:04.7	142
7	ALESSANDRA ALMEIDA MONTENEGRO		37:27.4	39:07.8	62
8	LUCIANA MEDINA RONZANI	SAÚDE PERFORMANCE	38:03.5	38:35.7	1046
9	BEATRIZ SILVA BARBOSA		38:04.2	38:04.2	247
10	PATRÍCIA RODRIGUES ROCHA GUIM		38:14.3	38:27.0	1400
11	SIMONE VASCONCELLOS MAGALHÃ	FIBRA TECH	38:32.4	38:41.8	1674
NCPC	ADRIANA RODRIGUES ROCHA		38:34.9	43:29.2	44
NCPC	MÁRCIA REGINA SAMPAIO		38:37.7	42:56.0	1169
12	SCEILA MARA BATISTA PEREIRA		38:45.8	42:27.2	1632
13	JAQUELINE SILVA DE PAULA	VIDA E SAÚDE	39:16.4	40:02.8	816
14	SÔNIA APARECIDA S. FERNAND	GEMACOM TECH	39:17.9	39:17.9	1678
15	RENATA POLISSENI ROCHA	SAÚDE PERFORMANCE	39:18.1	39:44.0	1534
16	GIOVANNA CARUSO	CLUBE BOM PASTOR	39:28.6	39:37.1	710
17	CASSIA GUARALDO	TRI RUNNER	40:00.2	41:50.0	337
18	JUSTINA MARIA DA COSTA	CORPO & CIA	40:13.7	41:38.1	929
19	ELISANGELA APARECIDA O. ALBINO	CEDIMIDAM	40:45.1	42:30.1	530
20	ANA BEATRIZ BEDRAN MASSO		41:33.5	46:36.1	134
21	REGINA MARCIA FARIA CERQUEI	CLUBE BOM PASTOR	41:57.1	42:55.4	1511
22	ELISANGELA LUCIA DE PAULA	SAÚDE PERFORMANCE	41:57.6	44:27.1	531
23	CLAUDIA ADRIANE DE SOUZA BAT	VIDA E SAÚDE	41:57.8	43:02.5	362
24	ANA PAULA DE PADUA LACER		42:28.9	43:41.1	161
25	JULIANE OLIVEIRA DA SILVA PE		42:33.1	44:45.2	920
26	ROKSANE GARCIA MONTEIRO SAMP		42:40.8	44:02.9	2331
27	ALESSANDRA BRUN FERREIRA GUIMAR		43:01.2	45:46.5	65
28	LETICIA S. TEIXEIRA MACHADO	CORREDOCOMASAMIGAS	43:02.3	45:46.7	1007
29	SANDRA OLIVEIRA CUNHA DUART	WAY 3	43:04.0	43:37.5	1628
30	MÁRCIA VALÉRIA DA SILVA		43:13.7	44:04.3	2187
31	ADRIANA CRISTINA REZENDE LOU	CORPO & CIA	43:17.1	45:38.1	37
32	LUCIANE MOREIRA RIBEIRO		43:22.6	44:41.6	1054
33	CRISTINA APARECIDA SEVERO		43:31.6	44:00.4	1948
34	VALERIA ANDRADE CALIXTO JUCÁ	DYNAMO	43:39.1	45:46.5	1755
35	FLAVIA SCARPA ANACLETO		43:48.0	44:17.3	2029
36	SILVIA SEBA MIRANDA		43:52.9	44:07.5	1667
37	LUCIANA MILA E. DE MELO		43:55.6	45:09.8	1047
38	KARINA FELISBERTO GOULART		43:57.9	47:23.4	2122
39	CARMEN LUCIA FRANCISQUINI	CEDIMIDAM	44:18.8	44:52.4	324
40	LUCIANA DUQUE DA FROTA	ENERGIA RUNNERS	44:21.0	48:10.3	1043

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41	PATRÍCIA CANTON DE SOUZA GONÇ		44:24.4	46:23.0	2253
42	KATIA CRISTINA FERNANDES P		44:35.9	45:34.3	943
43	CLEUSA MARIA DOS ANJOS MART	ACTIVA	44:38.0	44:57.0	385
44	HIONARA BOTTI MOTTA	VIVA SPORT CLUB	44:42.2	48:26.4	763
45	RENATA DE BRITO GONZALEZ	SAÚDE PERFORMANCE	44:50.1	45:54.3	1528
46	WLEYDES PATRICIA DE CARVALHO		45:02.2	45:18.1	1835
47	ALINE AMARAL MATEUS	X-PORÃO	45:13.6	48:44.1	103
48	SIMONE DE BARROS CARDOSO	VIDATIVA	45:14.6	48:03.7	1672
49	ADRIANA PINTO LOURENÇO		45:25.3	48:10.9	1851
50	PATRÍCIA GUIMARÃES DE FARIA	CLUBE BOM PASTOR	46:05.8	46:05.8	1393
51	ISABELA AROEIRA DAYRELL HUBN	WAY 3	46:10.1	46:42.6	785
52	EUGÊNIA CRISTINA MÜLLER GIAN		46:12.3	46:54.8	1999
53	LARA DIAS GALLI JORGE HAL		46:21.7	50:04.4	959
54	SANDRA MARTA ALIANO PEREIRA	GRANBERY	46:27.6	49:09.4	1625
55	LUCIANA PINTO AZALIM MOREIRA	LIVEWELL	46:28.9	49:45.4	1051
56	ANA CRISTINA FORTES MELO	CLUBE BOM PASTOR	46:45.9	47:43.4	147
57	MARILDA DE FÁTIMA DE SOUZA		46:51.6	50:16.5	1271
58	ZARA ELINKA VIEIRA DE ABR	UNIMED JF	46:52.9	48:05.7	1839
59	ANDRÉIA APARECIDA LEMOS COST		46:59.1	47:38.5	198
60	PATRICIA RIBEIRO KOPKE DE AGU		47:01.4	47:47.7	2257
61	CLAUDIA APARECIDA DE OLIVEIR	FIBRA TECH	47:17.4	48:29.2	364
62	ELAINE ALMEIDA		47:23.7	49:05.7	1985
63	ROSILENE GOMES FRANCO FREIRE	UNIMED JF	47:25.9	48:46.5	1611
64	CLAUDIA REGINA ELERATI		47:34.1	49:52.4	368
65	KATIA PEDRETTI		47:43.9	49:10.3	2123
66	BEATRIZ ANDRÉS COSTA MACEDO		48:15.0	52:28.7	244
67	KARLA ALMEIDA SCORALICK		48:24.2	50:35.2	940
68	JOELMA SANTOS SILVA		48:41.9	48:41.9	2097
69	LUCIANA MARQUES LOPES		49:00.0	52:10.2	2156
70	DANIELA HILL	CORREDOCOMASAMIGAS	49:06.0	51:52.6	420
71	LUCIANA ALMEIDA DO NASCIMENT		49:19.5	53:00.6	1035
72	LÍVIA MARIA DE AZEVEDO FRA		49:32.7	49:45.0	2147
73	REGILAINE APARECIDA OLIVEIRA V	#CORREDOCOMASAMIGAS	49:33.2	52:21.9	1506
74	Edmirdes De Oliveira		49:37.5	51:03.6	2754
75	RENATA NATALINO DE SÁ	SAÚDE PERFORMANCE	49:43.3	51:51.3	1532
76	RENATA MACIEL	CEDIMIDAM	49:45.9	51:35.0	1531
77	ANA CLAUDIA DE CARVALHO		50:02.5	52:45.6	1873
78	MAURA MARIA A. DA CRUZ		50:48.4	52:50.5	1301
79	SILVANA TEREZINHA FACEROLI		51:18.4	53:23.0	1660
80	MONICA MARCELINO LOPES		52:03.4	55:44.7	1339
81	VANIA LOPES ALVIM		52:04.1	53:33.6	1773
82	CRISTINA ASSIS		52:24.4	53:50.6	1949
83	ERIKA FABIOLA DE CAMPOS RO		53:14.6	53:14.6	556
84	MARIA TEREZA BRANDI		53:19.3	56:55.8	1259
85	ADRIANA IMBROISI SICILIANO B	CLUBE BOM PASTOR	53:21.2	53:54.6	43
86	FERNANDA MARANGON BARBOSA FOI		53:26.3	55:09.5	2019
87	JULIANA MARIA DE ALMEIDA A.		53:32.1	56:37.2	912

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88	JAQUELINE BARROS DA SILVA		53:33.4	54:30.1	2084
89	ELAINE PEREIRA DA SILVA	BALEIAS	53:33.6	56:38.1	519
90	SIMONE DA CRUZ LIMA		53:35.7	55:39.3	1670
91	ADRIANA PIRES		53:37.2	57:18.4	1852
92	ÉRICA APARECIDA RODRIGUES	TRILHAS DO CORPO	53:40.6	55:13.9	547
93	PATRICIA DE ALMEIDA CARDOZO		54:26.8	57:50.8	1391
94	EVÂNIA DAS NEVES SILVA		54:27.3	57:51.1	572
95	MARTA DA SILVA GOMES DE	CHACARENSE	54:35.5	54:48.4	1293
96	FERNANDA DE SÁ JANOTTI	LONG LIFE	54:50.8	58:48.8	608
97	ANA CLÁUDIA IMBROISI	CLUBE BOM PASTOR	55:08.2	58:14.4	143
98	CLÉA APRAECIDA BENTO		55:31.0	56:49.1	1942
99	PATRICIA DE ASSIS CAMPOS		56:08.4	58:43.7	2255
100	ADRIANA ZATORRE MEDEIROS		56:37.4	59:27.0	46
101	ANDRÉA DA SILVA FERNANDES		56:52.6	57:33.6	1886
102	VÁLERIA ANDRÉS WEISS	TRI RUNNER	57:27.1	1:01:42.0	1756
103	LUCIANA LESSA DE SALES	LONG LIFE	57:44.7	1:00:40.6	1045
104	ELAINE BARTOLI DOS SANTOS	UNIMED JF	58:21.3	58:21.3	518
105	ALESSANDRA LIDA DA SILVA	EXÉRCITO BRASILEIRO	1:00:06.8	1:04:13.6	66
106	ADRIA DE LIMA RENE		1:02:06.7	1:04:33.7	1849
107	KATIA SOARES MOREIRA		1:03:12.1	1:08:15.1	946

**FEMININO 45 - 49**

COL	ATLETA	EQUIPE	T. LÍQUIDO	T. BRUTO	Nº PEITO
1	ANDRILÉIA DO CARMO DE SOUZA	GEMACOM TECH	29:25.8	29:27.4	12
2	ZIRLENE ADRIANA DOS SANTOS	SAÚDE PERFORMANCE	29:28.7	29:30.5	1842
	NCPC SONIA REGINA BALBINO BENJA	ACJF/PJF	34:17.4	39:53.6	1679
3	SIBÉLIA MARIA DE VASCONCELOS	GEMACOM TECH	34:17.5	34:18.9	1653
	NCPC IMACULADA DA CONCEIÇÃO DO CARM	ACJF/PJF	34:17.8	39:54.1	780
4	YVONE BERG DE MENDONÇA		34:37.2	34:39.2	1838
5	ANDRÉA MARÍLIA DE SOUZA TOL	ENERGIA RUNNERS	34:41.9	35:08.0	195
6	LUCIANA DA CUNHA CALDEIRA		35:02.8	36:36.0	1039
7	MAGUIDA ANDRÉ DOS SANTOS SIL	GEMACOM TECH	35:08.9	35:19.1	1118
8	VANIA DAMASCENO	VIDATIVA	35:12.8	35:56.2	2723
9	NEUSA APARECIDA TOMAZ	GEMACOM TECH	35:16.1	35:17.6	1360
10	DÉBORA CRISTINA O. GOMES	GEMACOM TECH	35:23.8	35:23.8	448
11	MIRIAM CRISTINA DOS SANTOS	CLUBE BOM PASTOR	35:32.6	35:52.6	1331
	NCPC MÔNICA APARECIDA GORETTI		35:43.7	37:37.6	2232
12	CLÁUDIA APARECIDA DE OLIVEIR		35:46.4	36:24.1	1935
13	CRISTINI R. M. MORAES	VIDATIVA	36:31.9	37:10.0	402
14	ANA CARLA GOMES	VEM CORRER	36:47.4	36:57.4	135
15	MIRIAN RESENDE RIBAS		37:30.2	39:11.0	2230
16	CLÁUDIA CADINELLI TAVARES	ENERGIA RUNNERS	37:44.8	40:13.7	365
17	LUCIANA PASSOS CARDOSO PIAZZ	VIDATIVA	38:42.3	40:31.2	1050
18	DENISE SETTE ROCHA DE MENEZ		38:51.6	39:00.0	1963
19	CELMA APARECIDA LOURENÇO	CESAMA	39:08.3	41:50.6	348
20	MARLENE ALVES DOS SANTOS		39:11.3	39:21.5	2218
21	KARLA CLAUDIO SILVA MANCIN	ENERGIA RUNNERS	39:12.5	39:40.8	941

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22	MARIA LUIZA DOS SANTOS		39:30.2	41:27.7	2205
23	SEMIRIS ALMEIDA MOTTA	POTENZA	39:44.7	42:34.3	1640
24	ANA PAULA PIRES SANTIAGO	BD	40:00.3	43:04.0	162
25	CÉLIA CLAVELAND	NECTONUS	40:14.9	44:23.9	344
26	ANA LUISA TELLES SOARES		40:21.0	42:41.7	1879
27	SANDRA RAQUEL FARIA DE ARAU		40:38.5	41:50.0	2345
28	ALMIRA GRACIENE MONTEIRO AR		40:50.9	42:48.8	1868
29	LUCIMAR DE SOUZA SANTOS		41:39.5	45:07.9	1068
30	RITA DE CASSIA BELLO DE	CLUBE BOM PASTOR	41:49.9	42:23.6	1547
31	DINÁ GUIMARÃES DE FARIA	CLUBE BOM PASTOR	42:37.0	43:04.6	475
32	VALÉRIA MATT BORGES	SAÚDE PERFORMANCE	42:43.2	45:04.2	1759
33	DÉBORA MONTE-MÓR E SILVA	VIDATIVA	42:43.9	45:58.2	452
34	ANA SALOMÉ DE OLIVEIRA	RODAR ACLIMAÇÃO	42:49.6	43:15.2	163
35	OLINDA MAURÍCIO	SAÚDE PERFORMANCE	43:14.8	44:27.1	1375
36	MICHELE CRISTINA RESENDE FAR		43:15.4	43:48.1	1316
37	ROSANGELA MARIA ROCHA		43:26.4	43:36.8	2338
NCPC	VILMA BOSCARO FERNANDES		44:10.7	44:10.7	1787
42	LUDMILLA TEIXEIRA BITTAR DETO	BIOFORMA	44:31.8	48:21.3	1072
43	ADRIANA DE ANDRADE DA COSTA	VIDATIVA	44:32.3	46:33.6	39
44	MARIA DA CONSOLAÇÃO JARDIM	ACJF/PJF	44:39.6	44:54.2	1226
45	JANE CARLA DA SILVA		44:50.0	48:17.1	811
46	MONICA AUGUSTA DA SILVA	VIVA SPORT CLUB	45:09.8	45:24.4	1336
47	JUNIA DE ALMEIDA PICOLI GR		45:11.0	46:35.7	2118
48	ANA MARIA PAULINO DE LIM		45:13.9	45:13.9	1882
49	CARLA APARECIDA MARQUES LO	VIDATIVA	45:20.0	47:10.9	289
50	ELAINE TALARICO	UNIMED JF	45:35.0	46:55.7	520
51	MAGDA DE MARCO FROSSARD	ENERGIA RUNNERS	45:41.6	46:07.0	1117
52	MIRIA APARECIDA DA COSTA	CHACARENSE	45:42.8	45:54.7	1330
53	MARLYSI RIBEIRO COSTA	LOBO GUARÁ	45:43.1	46:33.2	1292
54	ANA NILCE DE MAGALHÃES	GEMA TEAM RUNNER	45:49.3	46:58.7	159
55	DENISE DE CASTRO MELLO		46:01.4	48:05.1	1961
56	ELVIA MATTOS		46:02.3	46:18.3	538
57	ANA PAULA DE OLIVEIRA MA		46:04.8	50:11.7	160
58	TANIA SALLES		46:06.0	49:47.6	1703
59	JOELMA DE SOUZA COIMBRA ISH		46:07.0	46:17.6	844
60	ISABEL MACEDO	ESPORTE E EMOÇÃO	46:21.1	46:49.1	784
61	SIMONE R. TUROLLA GUIMARÃES	TRI RUNNER	46:22.5	49:17.2	1673
62	MÁRCIA CATARINA ANDRADE ALV		46:25.5	47:59.5	1166
63	MONICA CARVALHO DOS REIS	TRI RUNNER	46:37.2	46:37.2	1338
64	LUCIENE NIDAL	CEDIMIDAM	46:45.6	48:07.4	1064
65	CLAUDIA DA SILVA SIMONET	CLUBE BOM PASTOR	46:45.8	47:43.7	366
66	ADALGISA APARECIDA SILVA CABR		46:49.7	47:29.7	23
67	ADRIANA DO CARMO COUTO		46:52.6	48:14.6	40
68	EDNEIA ANDRADE MEIRELLES SA	TRILHAS DO CORPO	46:53.4	48:28.6	494
69	MIRIAN BEDENDO		47:01.7	47:11.0	1333
70	ADRIANA CORREA BENETELLI	BD	47:32.1	49:27.3	35
71	IZABEL CRISTINA VIEIRA GUIM	INDICCA GRIFFIN	47:51.2	48:20.5	805



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**RESULTADO OFICIAL FAIXA FEMININO**

72	MARIA ASSUNÇÃO DE OLIVEIRA		48:19.4	49:23.7	1221
73	ROSÁLIA APARECIDA MARLIÉRE		48:26.3	51:05.7	1605
74	ADRIANA DUTRA VIEIRA		48:30.0	49:15.2	41
75	ISABEL CRISTINA CAMPOS NEVE		48:38.8	49:55.4	783
76	MARIA CRISTINA DE CARVALHO	TRI RUNNER	48:39.9	48:39.9	1225
NCPC	CONCEIÇÃO APARECIDA Q. COELHO		48:42.8	52:35.6	387
78	FATIMA CRISTINA FARIA GORET		49:23.4	50:57.1	594
79	NEILA ELISABETH CAMPRA REI	GRANBERY	49:34.6	50:58.6	1356
80	JOELMA MARIA FONSECA MOREIR	GRANBERY	49:37.4	51:01.6	845
81	SIMONE DA SILVA RIBEIRO		49:42.3	50:09.4	2352
82	MARIA DO CARMO SILVA COELH		50:02.2	50:29.6	1239
83	HELOISA CRISTINA S. SANGUIM		50:26.2	52:36.6	750
84	ANDREA LUCIA DE OLIVEIRA	UNIMED JF	50:49.9	52:13.9	194
85	MONICA MOREIRA GUIMARÃES VI	VIDATIVA	51:14.9	55:29.4	1340
86	TANIA AMARAL	VIDATIVA	51:31.2	52:27.6	1701
87	MARIA NILMA DE MATTOS REZE		52:45.8	54:09.0	1256
88	ALINE DE ALMEIDA LAZZARINI		52:58.8	55:59.7	107
89	ANA MARIA CAMARGO MARQUE		53:52.8	58:06.9	154
90	CLARA LÚCIA DE B. C.	TRI RUNNER	53:57.3	55:40.8	360
91	NELIANA VIGNA BARROS	GEMA TEAM RUNNER	53:57.9	56:06.0	1357
92	ELAINE SILVA CARVALHO		54:22.6	56:36.7	1986
93	MARIA DA GUIA SILVA		55:13.2	58:08.4	1229
94	AUREA CRISTINA DA SILVA SA	LOBO GUARÁ	55:54.6	57:23.7	238
95	SIMONNE MARIA PARREIRA DO NA		56:19.5	57:55.1	2353
96	JANE DOS SANTOS	BD	56:23.5	56:23.5	812
97	LUCIMAR NOGUEIRA DE SOUZA	GEMA TEAM RUNNER	56:35.2	58:23.7	1069
98	ANA MARIA NETO	ASCOMCER VITORIOSAS	57:02.3	57:28.7	157
99	VALÉRIA TASCA DORNELAS		57:05.7	1:00:28.4	1760
100	SANDRA MOREIRA BEZERRA		57:50.5	58:54.2	1627
101	ELIZABETH BARBOSA SOARES	GEMA TEAM RUNNER	58:39.3	1:00:28.4	535
102	ROBERTA SANTOS		58:40.0	1:00:28.3	1554
103	MARIA RAQUEL HENRIQUES RAB		58:46.7	1:03:19.8	1257
104	RISA MARIA DA ROCHA		58:56.1	1:01:51.1	1546
105	ELUZA SALVADOR CÔRTEZ		59:11.3	1:00:53.4	1993
106	ROZENEIVA DE OLIVEIRA SANTOS	HYPERION RUNNING	1:04:45.4	1:07:20.8	1612
107	FÁTIMA REGINA SOUZA LA-CAVA		1:04:47.4	1:05:53.4	2011
108	JOCELAINÉ BAYER WEBER	BIOFORMA	1:14:54.0	1:17:07.6	841

**FEMININO 50 - 54**

COL	ATLETA	EQUIPE	T. LÍQUIDO	T. BRUTO	Nº PEITO
1	MARIANGELA DE PAULA JENEVAIN	GEMACOM TECH	31:33.9	31:35.0	14
2	IVANI GOMES DOS SANTOS	GEMACOM TECH	32:46.4	32:48.6	13
NCPC	ADRIANA BELLO BARBOSA SILVA		34:48.3	38:06.3	1850
NCPC	MARGARETH MARIA DE OLIVEIRA		36:05.5	38:40.9	1214
NCPC	CARLA APARECIDA RIBEIRO TA	CLUBE BOM PASTOR	38:56.1	38:56.1	291
3	MARISTELA AMARAL HORTA BARBOSA	VIDATIVA	39:04.0	40:28.9	1284
4	RITA DE CÁSSIA CANESCHI M		39:08.4	39:39.1	1548

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5	MARIA SALETE DA SILVA	GEMACOM TECH	39:13.9	39:23.8	1258
	NCPC Maria Das Graças Caetano		40:04.6	44:03.9	3016
	NCPC REGINA HELENA DE MENDONÇA L	SOUL RUNNERS	40:10.2	42:04.5	1508
6	ANGELA ANDRADE ALKIMIN	GOLD/SUPREMA	41:00.0	41:49.2	203
7	ESTER MENDES FERREIRA		41:12.4	43:01.3	562
8	NEVES MARIA DE JESUS		41:43.5	41:43.5	1362
9	ROSELI DAS DORES CUNHA BITA	CLUBE BOM PASTOR	41:54.6	42:43.1	1610
10	MÔNICA LOPES DE SOUZA		41:55.8	43:29.0	2234
11	VALÉRIA ALVES DE MORAES LOPE	GEMA TEAM RUNNER	41:58.9	41:58.9	1754
12	RACHEL MARIA HELAINE M. MIR		42:35.7	43:21.7	1455
13	MARISTELA G. CABRAL		43:06.5	44:21.4	1287
14	ANA MARIA DE OLIVEIRA		43:34.2	45:24.7	155
15	EMILIANA DE PAULA COSTA		44:02.3	45:16.7	544
16	MARIA DA GLÓRIA MESQUITA	SAÚDE PERFORMANCE	44:03.8	44:26.4	1228
17	REGINA RIBEIRO PEREIRA	ESTAÇÃO FITNESS	44:17.8	46:47.1	1513
18	SUELI MARIA REIS ANDRADE		44:51.7	45:24.1	1684
19	MARIA DE FÁTIMA MARTINS GE	VELOCIDADE DA LUZ	44:56.2	46:14.2	1234
20	LUCILÉIA DIAS MOREIRA	LONG LIFE	44:58.9	47:27.1	1065
21	MARILENE TRINDADE SOUZA SILVA		45:14.3	45:14.3	2214
22	ROSÁRIA DE FÁTIMA MEDEIROS	TECHNO FIT	45:32.5	48:07.0	1608
23	HELOISA PRATA RAMOS	CEDIMIDAM	45:38.0	47:03.7	752
24	VANDA FERNANDES GALINDO		45:44.2	45:53.4	1767
25	ELEN MARIA DE MELLO		45:47.5	46:50.6	522
26	FLÁVIA HELENA PUREZA LEONEL	CLUBE BOM PASTOR	45:52.8	45:52.8	633
27	BIA BALDI CAMPOS	CORREDOCOMASAMIGAS	45:57.3	47:31.2	251
28	RITA DE CÁSSIA GUEDES DOS	VIDA E SAÚDE	46:12.9	47:20.1	1549
29	CARMEN LÚCIA FARNESE	BIOFORMA ACADEMIA	46:22.0	47:31.8	323
30	LÚCIA MEIRELLES	ESPORTE E EMOÇÃO	46:22.4	46:49.7	1034
31	ALTIVA OLIVEIRA	FAMÍLIA	46:37.5	46:37.5	117
32	MAYERTE DE OLIVEIRA VALLADÃO	FORTES ACADEMIA	47:13.9	47:50.4	1312
33	MARIA INÊS VIEIRA MARLIÉRE		47:16.8	51:09.4	2202
34	JACQUELINE SOARES		47:20.6	49:31.3	2081
35	MARIA ERCÍLIA HERCULANO		47:29.8	47:57.1	1243
36	HELOISA MARIA TABET		47:34.1	48:10.1	751
37	MARIA DO CARMO CASTRO MEND		47:44.1	48:47.5	1238
38	HELANICE GONZAGA DA MATTA		47:59.4	48:18.8	741
39	TANIA APARECIDA DE OLIVEIR		48:06.2	51:03.0	1702
40	MARIA ELAINE RANGEL	VIDATIVA	48:19.6	50:43.3	1241
41	ROGÉRIA FLÁVIA DELGADO FREIR	FIBRA TECH	48:29.2	51:05.6	1583
42	MARIA INES DE OLIVEIRA NAS	LIVE WELL	48:39.6	49:54.5	1248
43	MONICA BALDI	CLUBE BOM PASTOR	49:37.6	50:10.7	1337
44	MÁRCIA MARIA GUSTINI BROCHA		49:59.0	50:41.2	2185
45	VANDA LUCIA MARTINS		49:59.3	52:31.8	1768
46	ROSÂNGELA PEIXOTO DE SIQUEIRA		50:10.2	52:12.0	2339
47	RITA DE CÁSSIA OLIVEIRA D		50:30.6	51:21.3	1550
48	CLAUDIA VISCARDI		51:13.1	53:43.7	1937
49	REJANE KNUPFER	CLUBE BOM PASTOR	51:20.9	52:39.6	1518

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50	VALÉRIA CARNEIRO FERNANDES	CLUBE BOM PASTOR	51:21.6	52:39.7	1757
51	SILVANIA DA PAZ FERNANDES		51:38.3	52:57.8	1661
52	WILMA LOPES SALLUM AL OSTA		52:01.8	52:01.8	2389
53	REGINA MONTEIRO OLIVEIRA		52:30.9	54:43.0	1512
54	ANA MARIA GUSMAN DE CARV		52:31.4	54:47.1	1881
55	SANDRA MEDEIROS DOS SANTOS	ACADEMIA ATITUDE	53:12.4	55:39.8	1626
56	DIONE R. EITERER		53:19.6	56:56.7	480
57	VÂNIA APARECIDA BARBOSA	TRILHAS DO CORPO	53:38.7	55:13.9	1772
58	SOLANGE FÁTIMA VIEIRA B. DOM		54:01.1	54:19.0	1677
59	MARISTELA ASSUMPÇÃO	CEDIMIDAM	54:48.3	56:38.4	1285
60	MARLI RODRIGUES SOBREIRA	GRUPO DE CORRIDA GRANBERY	56:10.5	1:01:00.9	1290
61	MARIA FILOMENA GALITO RODR	LONG LIFE	56:20.8	1:00:19.2	1246
62	ELIZABETH CRISTINE BRAGA LEAL	MRS	56:53.2	57:23.7	536
63	MARÍLIA CRISTINA ASSUMPÇÃO		57:13.9	58:55.9	1272
64	MARIA DE FATIMA ROCHA LARA		57:19.6	1:00:22.8	1235
65	SUELY MEDEIROS COSTA		58:38.8	1:00:15.6	1685
66	JANE FERREIRA E CASTRO	INSPIRE	1:01:30.8	1:03:17.6	813
67	LEILA AGUINEL SOBREIRO PIR		1:02:25.2	1:03:41.9	979
68	SUSANA DE REZENDE MAURÍCIO		1:13:10.9	1:20:02.5	1686

**FEMININO 55 - 59**

COL	ATLETA	EQUIPE	T. LÍQUIDO	T. BRUTO	Nº PEITO
	NCPC MARIA JOSÉ FERNANDES MODES		34:47.1	38:05.9	2204
	NCPC MÁRCIA BELLINI		35:12.7	38:51.7	1164
1	RITA DE CASTRO S. PAULINO	GEMACOM TECH	35:42.0	35:43.7	1551
2	MARIA DE FÁTIMA DAS NEVES	VIVA SPORT CLUB	37:44.8	37:55.4	1232
	NCPC NILCÉIA MARIA DA SILVA	CHRISTIANE RESENDE PERSONAL	39:31.9	43:13.5	1369
3	SARAH LUCAS	TRI RUNNER	40:03.1	40:56.8	1631
4	MARISTELA PEIXOTO SANTOS DE LI		40:28.0	41:48.6	1288
5	APARECIDA CARVALHO DE PAIVA CA		41:32.6	42:38.8	226
	NCPC VERA MARISE MONTEIRO	RH FITNESS	41:59.1	45:24.4	1779
6	ÉLIDA MARIA DE MENDONÇA	VIDATIVA	42:22.2	45:36.2	527
7	SOLANGE APARECIDA PERES	GERAÇÃO SAÚDE	43:11.5	43:59.3	1676
8	FÁTIMA DE JESUS SOARES SILV		44:06.5	47:58.2	2010
9	LUCILÉIA TEIXEIRA DE OLIVEIRA	FAMÍLIA	44:54.1	48:59.7	1066
10	MARIA APARECIDA RIBEIRO		45:10.1	47:58.1	1219
11	VANIA MARIA FERNANDES SOAR		45:38.2	47:31.0	1774
12	ANGELA MARIA DE BARROS		46:24.9	46:51.9	206
13	SUZANA BASTOS		47:36.3	51:47.1	1688
14	MARY ESTELA VELOSO MALTA		48:00.6	50:42.3	1294
15	ROSE MARY DE PAULA FERNAN	CESAMA	48:00.6	50:40.7	1609
16	Maria C. Celia Carneiro		48:26.2	51:19.7	3003
17	DULCE LEAL LESSA	HIGÉIA	50:30.8	52:33.7	487
18	IVONE CARDOSO		51:03.0	52:53.7	2076
19	MARLENE DE FATIMA MOREIRA		51:07.7	54:05.6	2219
20	MARIA APARECIDA DA SILVA		52:24.1	53:03.3	1216
21	IEDA PERACINI		54:23.9	55:38.4	775

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**RESULTADO OFICIAL FAIXA FEMININO**

22	ADALGISA BONTEMPO MAMAS		54:42.8	56:02.0	24
23	ELIZABETE APARECIDA DE LIMA E		55:34.6	55:43.7	534
24	ELEUSES AUGUSTA		56:47.0	57:04.8	1987
25	CYBELE COSTA RODRIGUES		57:12.5	58:45.5	403
26	MARIA APARECIDA FAZA PAIVA		57:16.2	57:29.0	1217
27	MARIA APARECIDA GOMES ALME	VIDATIVA	57:30.0	59:09.8	2727
28	MARIA DE FÁTIMA SILVA		57:41.0	58:47.1	1236
29	SILDIMEA AMARAL CASTRO LEITE	VIDATIVA	57:48.5	58:44.3	1656
30	KATE SIMÃO	LONG LIFE	58:18.1	1:00:48.6	942
31	IVONE DE ANDRADE FERRAZ		59:15.2	1:02:21.6	804
32	SUZETE MARIA DE ANDRADE HOR		1:00:22.2	1:03:20.8	1691
33	DENISE BAESSO DE OLIVEIRA G		1:00:57.5	1:01:39.9	461
34	MÁRCIA REGINA GIANOTTI FRAN	VIDATIVA	1:05:34.5	1:08:41.1	1168
35	ANA MARIA DE OLIVEIRA	FIBRA/PLASC	1:05:35.0	1:08:15.4	156
36	ESTER TASSI BRUGIOLO CAVAL		1:09:44.2	1:10:45.3	563
37	ROSA MARIA SANTIAGO DE SO	LIVE WELL	1:10:03.9	1:11:19.1	1604
38	MARCOS MAROCO SUTTER		1:14:54.7	1:20:02.2	2196

**FEMININO 60 - 64**

COL	ATLETA	EQUIPE	T. LÍQUIDO	T. BRUTO	Nº PEITO
	NCPC Susan Cesar Poschi		36:04.7	39:25.1	3009
1	LUZIA MENDONÇA		41:08.6	41:40.0	1112
2	IZABEL GONÇALVES QUEIROZ		42:01.8	42:41.9	806
	NCPC SELMA MARIA FLORES VILLAÇA		42:15.2	43:44.9	1639
3	EDNEIA MARIA DO NASCIMENTO		51:14.5	53:56.1	1976
4	MARIA DE FÁTIMA MARIANO DE	LONG LIFE	51:18.1	51:25.1	1233
5	FLORIPES DE JESUS ALVIM LIMA		51:20.3	51:28.9	648
6	MARIA CARMEN MARTINS DE FA		51:46.1	55:21.9	1223
	NCPC ANDREA FARIA PICORELLI A. M	FIBRA TECH	53:02.8	55:26.9	193
7	MARIA INEZ ZIMERMANN MESQU		53:07.1	54:33.0	1249
8	MARIA LUCIA BENEDITO+B28		53:48.6	56:27.0	1254
9	MARIA BERNADETE O. SANTOS		56:57.8	58:33.9	1222
10	EDI VITORIA PEREIRA DA S		57:48.5	1:00:06.2	1974
11	MARIA DA GLORIA FRANCISQUI		59:35.4	59:58.5	1227
12	MARIA DO CARMO BRAGA ESTEV	CORPORE	1:02:07.1	1:04:39.7	1237
13	MARIA IMACULADA MENDES CAL	HYPERION RUNNING	1:04:44.2	1:07:21.5	1247

**FEMININO 65 - 69**

COL	ATLETA	EQUIPE	T. LÍQUIDO	T. BRUTO	Nº PEITO
1	SONIA MARIA LOPES DE MELO		48:08.9	49:01.5	2354
2	DEOLINDA MARIA FERREIRA SILVA		48:21.5	48:50.8	464
3	MARIA JOSÉ DE OLIVEIRA CAR	VIDA E SAÚDE	49:07.1	50:00.0	1252
4	GERALDA DE MELLO CARVALHO		49:26.3	51:03.1	684
	NCPC LIVIA PASSINI	LONG LIFE	49:40.3	52:41.8	1021
5	MARIA DAS GRAÇAS DE ALMEID		1:01:56.8	1:01:56.8	1230
6	NEUZA OLIVEIRA MARSICANO		1:05:36.4	1:08:45.3	2245

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**RESULTADO OFICIAL FAIXA FEMININO**

**FEMININO 70 and over**

COL	ATLETA	EQUIPE	T. LÍQUIDO	T. BRUTO	Nº PEITO
1	NILZA LUIZA DE SOUZA		34:55.1	37:55.3	2248
2	LETÍCIA GONZAGA DA MATTA		47:58.8	48:18.7	1004
3	VERA LÚCIA MOREIRA DA FON		57:04.3	58:05.1	1778
4	Vera Rita Carneiro		1:01:04.2	1:03:35.1	3007
5	ZILMA FERREIRA FIGUEIRA		1:04:35.8	1:08:00.1	1841

**NCPC - não consta leitura no ponto de controle**