

28º RANKING DE CORRIDAS DE RUA DE JUIZ DE FORA

3ª CORRIDA DA SAÚDE SUPREMA/PJF

10 KM - 30/03/2014

RESULTADO EXTRA-OFICIAL - FAIXA ETÁRIA FEMININO

FEMININO 15 and under

| COL | ATLETA | EQUIPE | T. LÍQUIDO | T. BRUTO | Nº PEITO |
|-----|-----------------------|-------------------|------------|-----------|----------|
| 1 | LUIZA SOUZA PEREIRA | | 1:10:45.4 | 1:12:31.0 | 1295 |
| 2 | JULIA DE SOUZA DELIS | | 1:18:23.1 | 1:18:46.8 | 1134 |
| 3 | NICOLLE COIMBRA ISHII | | 1:20:36.2 | 1:20:58.9 | 1297 |
| 4 | RAFAELA MORAIS | SAÚDE PERFORMANCE | 1:20:37.1 | 1:21:00.0 | 1128 |

FEMININO 16 to 17

| COL | ATLETA | EQUIPE | T. LÍQUIDO | T. BRUTO | Nº PEITO |
|-----|---------------------------|-----------------------------|------------|-----------|----------|
| 1 | AMANDA APARECIDA OLIVEIRA | REAL MERCÊS/VIVA SPORT CLUB | 40:43.3 | 40:46.2 | 1019 |
| 2 | MARIA EDUARDA OLIMPIO | UFJF | 52:14.5 | 52:16.4 | 1486 |
| 3 | ANA CLARA AZEVEDO BEDEND | FORTES ACADEMIA | 1:16:43.7 | 1:17:35.7 | 1351 |

FEMININO 18 to 19

| COL | ATLETA | EQUIPE | T. LÍQUIDO | T. BRUTO | Nº PEITO |
|-----|-----------------------------|------------------|------------|-----------|----------|
| 1 | DANIELLE RIOS GARCIA | LIVE WELL | 1:05:42.3 | 1:07:44.9 | 1363 |
| 2 | STELLA BARCELLAR DE ANDRADE | ENERGIA ACADEMIA | 1:12:21.1 | 1:13:40.7 | 1158 |

FEMININO 20 to 24

| COL | ATLETA | EQUIPE | T. LÍQUIDO | T. BRUTO | Nº PEITO |
|-----|-----------------------------------|------------------------------|------------|-----------|----------|
| | NCPC ISABELA FAVINO CARVALHO DE O | EQUIPE DE CORRIDA AERBEDI-BD | 43:53.9 | 47:01.0 | 1435 |
| 1 | TAMIRES OLIVEIRA MOREIRA | | 48:16.3 | 48:51.0 | 1219 |
| 2 | ELISA CAMPOS FIGUEIROA | | 50:39.7 | 51:23.7 | 1352 |
| 3 | NAIARA DA SILVA MAIA DOS SA | | 53:03.6 | 54:10.0 | 1386 |
| 4 | ISIS TERRA COTTA | VIDA E SAÚDE | 53:25.3 | 53:39.2 | 1216 |
| | NCPC ÉRICA DE ALMEIDA BARROSO | VIDATIVA | 53:56.5 | 54:58.1 | 1083 |
| 5 | CLAUDIA REPETTO COELHO | SAÚDE PERFORMANCE | 54:29.5 | 55:20.1 | 1399 |
| 6 | TAMIRIS ANASTACIA DIAS TEIXE | VIVA SPORT | 54:47.6 | 55:42.6 | 1202 |
| 7 | SAMILA MIRANDA OLIVEIRA CRU | ENERGIA RUNNER | 55:13.3 | 55:45.3 | 1044 |
| 8 | FERNANDA GARGIULO LOPES | CLUBE BOM PASTOR | 55:38.9 | 56:14.7 | 1115 |
| 9 | ERICA GOMES DE CARVALHO | SAÚDE PERFORMANCE | 56:18.6 | 57:09.5 | 1122 |
| 10 | TAMIRA OLIVEIRA MEIRELES GR | VEM CORRER | 56:49.5 | 57:02.0 | 1052 |
| 11 | LUISA MARTINS DA COSTA BRU | | 59:54.4 | 1:00:50.7 | 1270 |
| 12 | CARINE DE PAIVA GORETTI | FORTES ACADEMIA | 1:01:36.2 | 1:02:42.3 | 1252 |
| 13 | KAREN CRISTINA COIMBRA ISH | | 1:01:48.2 | 1:02:03.8 | 1296 |
| 14 | NAIARA CAMPOS FERREIRA | | 1:01:58.3 | 1:02:00.5 | 1418 |
| 15 | TAIS SOUZA GOMES | VIDATIVA | 1:05:02.4 | 1:06:56.7 | 1136 |
| 16 | JULIA BAESSO DE OLIVEIRA G | VIA RÚSTICA | 1:05:17.8 | 1:06:06.7 | 1040 |
| 17 | TAINÁ CAMPOS LAMAS | | 1:05:48.1 | 1:06:33.9 | 1152 |
| 18 | JESSICA KNEIPP DA COSTA FARI | EQUIPE DE CORRIDA AERBEDI-BD | 1:08:27.6 | 1:11:11.6 | 1436 |
| 19 | THAIS CRISTINO CORREA ALVE | | 1:08:29.1 | 1:09:50.6 | 1240 |
| | NCPC LARISSA SOARES BIANCHI | SUPREMA/GOLD ACADEMIA | 1:08:32.8 | 1:11:51.1 | 1190 |
| 23 | LUCIANA DAS NEVES ALVES | FIBRA/PLASC | 1:09:40.0 | 1:10:53.9 | 1033 |
| 24 | MARIA SILVIA BURNIER GANIN | SUPREMA/GOLD ACADEMIA | 1:11:10.5 | 1:13:48.9 | 1192 |
| 25 | ISABELA REZENDE GOMES | VIVA SPORT | 1:11:29.5 | 1:13:32.8 | 1397 |
| 26 | PATRICIA MACHADO MAGALHÃES | | 1:12:08.2 | 1:13:36.0 | 1475 |
| 27 | LIVIA MARIA BIAGIONE NASCI | TECHNO FIT | 1:12:26.7 | 1:14:18.8 | 1031 |
| 28 | MARCELA DA SILVA SALES | ATITUDE ACADEMIA | 1:14:23.7 | 1:15:44.1 | 1118 |

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| | | | | | |
|----|----------------------------|------------------|-----------|-----------|------|
| 29 | LETÍCIA DE ALMEIDA BARROSO | | 1:14:42.4 | 1:15:43.5 | 1427 |
| 30 | RAPHELINI SALOMÃO DUQUE | CORPORE | 1:15:18.4 | 1:17:36.8 | 1159 |
| 31 | EDUARDA BOTTI BERALDO | GEMA TEAM RUNNER | 1:17:08.8 | 1:18:58.6 | 1064 |
| 32 | ANA CAROLINA M. ALVES FA | ALEX PEÇAS | 1:18:11.1 | 1:18:44.0 | 1398 |
| 33 | ANNA CAROLINA CASTRO SANT | | 1:19:19.1 | 1:20:36.0 | 1458 |

FEMININO 25 to 29

| COL | ATLETA | EQUIPE | T. LÍQUIDO | T. BRUTO | Nº PEITO |
|-----|-----------------------------------|-----------------------|------------|-----------|----------|
| 1 | NATALIA FERNANDES PINTO | | 44:33.5 | 44:35.1 | 1007 |
| 2 | DÉBORA DOS REIS FAIÃO | LONG LIFE | 46:35.7 | 46:43.5 | 1075 |
| 3 | BIANCA TABET GONZALEZ SAMPA | SAUDE PERFORMANCE | 47:52.9 | 47:54.9 | 1016 |
| 4 | ELISA GONÇALVES SCARLATELL | SAÚDE PERFORMANCE | 49:35.1 | 50:25.9 | 1126 |
| 5 | BÁRBARA LOURES PERALVA | | 50:05.9 | 50:44.6 | 1321 |
| 6 | LAILA DE SOUZA GUIMARÃES | VIDATIVA | 53:10.2 | 53:25.6 | 1194 |
| 7 | MICHELLE SALLES DE OLIVEIRA | | 54:50.3 | 56:11.0 | 1759 |
| 8 | LIGIA MARIA CAMPISSE ROMAN | LONG LIFE | 56:13.1 | 56:20.8 | 1070 |
| 9 | CRISTIANE MATHEUS DE OLIVEIRA | TECHNO FIT | 56:20.0 | 57:19.9 | 1367 |
| 10 | RAFAELA LOPES DE OLIVEIRA | VIDATIVA | 56:59.6 | 58:15.3 | 1094 |
| | NCPC NATÁLIA ROMANO DE PAULA MEND | CEDIMAGEM | 58:24.6 | 1:01:36.4 | 1180 |
| 11 | LARISSA FERNANDES MOREIRA | | 58:53.5 | 1:00:27.0 | 1266 |
| 12 | ELIANE CUNHA DE SOUZA | ENERGIA RUNNER | 59:05.0 | 59:36.4 | 1043 |
| 13 | PRISCILA APARECIDA MACHADO | TARTARUGA | 59:45.1 | 1:02:49.7 | 1203 |
| 14 | PATRICIA HONORATO DE ANDRADE | CORPO & CIA | 59:47.5 | 1:00:06.4 | 1055 |
| 15 | ANALICE VIEIRA ÁVILA | INSPIRE | 59:52.2 | 1:00:23.8 | 1067 |
| 16 | ISABELA TEODORO DE ASSIS | | 1:00:17.6 | 1:00:47.9 | 1230 |
| 17 | RAFAELA CURY REATEGUI | FORTES ACADEMIA | 1:00:29.5 | 1:03:44.6 | 1277 |
| 18 | ISABELA PEIXOTO BISCOTO | | 1:00:32.1 | 1:01:16.6 | 1320 |
| 19 | HELLEN BITTENCOURT VELLOSO | COLISEU ACADEMIA | 1:01:00.6 | 1:01:49.1 | 1133 |
| 20 | BARBARA BARROS DE FIGUEIREDO | | 1:01:34.7 | 1:02:31.1 | 1304 |
| 21 | LILIAN AZEVEDO DE SOUZA | | 1:02:15.4 | 1:04:15.9 | 1068 |
| 22 | CELINA CORDEIRO FONSECA | | 1:03:48.1 | 1:04:56.4 | 1243 |
| 23 | NAYARA FIGUEIRA NEVES ALVES | INSPIRE | 1:04:13.4 | 1:05:34.5 | 1069 |
| 24 | CINARA RODRIGUES DOS REIS | | 1:04:43.8 | 1:05:52.7 | 1489 |
| 25 | SORAIA APARECIDA DIOGO DE S | INSPIRE | 1:05:01.4 | 1:05:34.8 | 1066 |
| 26 | FLAVIA DE OLIVEIRA | SUPREMA/GOLD ACADEMIA | 1:05:15.9 | 1:05:54.0 | 1337 |
| 27 | BÁRBARA DE CÁSSIA F. SANTIAG | HYPERION RUNNING | 1:05:27.1 | 1:07:10.4 | 1260 |
| 28 | LUCELAINE DE PAULA | VENDAMAC | 1:06:04.3 | 1:06:47.8 | 1310 |
| 29 | RAFAELA APARECIDA DA SILVA C | HYPERION RUNNING | 1:08:03.5 | 1:09:29.2 | 1261 |
| 30 | GABRIELA MARINHO CHAVES | SUPREMA/GOLD ACADEMIA | 1:08:31.1 | 1:11:49.3 | 1189 |
| 31 | VERÔNICA MARLIERE TEIXEIRA | | 1:08:34.3 | 1:09:40.9 | 1365 |
| 32 | REGIANE BITTENCOURT | GAME OVER RUNNING | 1:08:47.2 | 1:09:44.4 | 1339 |
| 33 | LÁZARA RODRIGUES DE OLIVEIR | | 1:09:02.1 | 1:10:55.1 | 1132 |
| 34 | MARIANA DANDIÊ SIQUEIRA MUNI | | 1:10:10.6 | 1:11:19.1 | 1135 |
| 35 | LARISSA PAIXÃO BARTOLI SILVA | | 1:10:44.1 | 1:12:42.8 | 1102 |
| 36 | MEIRELE SOLLA MOREIRA | LONG LIFE | 1:10:44.7 | 1:10:53.7 | 1346 |
| 37 | RAFAELA POLICIANO ROBBI | | 1:10:45.5 | 1:12:42.6 | 1101 |
| 38 | MONIQUE IARA SALVADOR ATAMAN | | 1:11:03.0 | 1:11:22.3 | 1477 |
| 39 | HELENAMULLER | GAME OVER RUNNING | 1:12:34.9 | 1:13:33.2 | 1340 |

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| | | | | | |
|----|-------------------------------|-----------------------|-----------|-----------|------|
| 40 | RAPHAELA SILVEIRA DO AMARAL | SUPREMA/GOLD ACADEMIA | 1:17:57.4 | 1:20:35.7 | 1191 |
| 41 | CAMILA RODRIGUES GUEDES | | 1:18:45.9 | 1:21:36.2 | 1081 |
| 42 | PRISCILA SILVA DE ALMEIDA AQU | L ONG LIFE B | 1:19:10.8 | 1:20:48.6 | 1071 |
| 43 | DANIELE RESENDE FERREIRA | | 1:20:48.1 | 1:21:41.4 | 1422 |
| 44 | VIVIANE BIANCA DA SILVA MORE | SUPREMA/GOLD ACADEMIA | 1:21:54.7 | 1:22:58.6 | 1336 |
| 45 | CINTIA FABRICIA REZENDE | CEDIMAGEM | 1:31:12.7 | 1:35:09.7 | 1185 |

FEMININO 30 to 34

| COL | ATLETA | EQUIPE | T. LÍQUIDO | T. BRUTO | Nº PEITO |
|-----|---------------------------------|------------------------------|------------|-----------|----------|
| 1 | CAROLINE BARRADAS | VIDATIVA | 44:11.3 | 44:12.6 | 1006 |
| 2 | AMANDA PAVÃO ZAMPIERI | VIDA E SAÚDE | 45:46.7 | 45:56.0 | 1246 |
| 3 | SARA PEREIRA RODRIGUES CO | SAÚDE PERFORMANCE | 47:37.0 | 47:52.9 | 1012 |
| | NCPC ELAINE SILVA | | 47:58.9 | 48:36.9 | 1376 |
| 4 | OLIVIA FERNANDES ALMEIDA | | 48:06.0 | 48:34.9 | 1490 |
| 5 | MARINA AYUPE VALENTE GRUPPI | NECTONUS ACADEMIA | 48:37.3 | 48:39.9 | 1416 |
| 6 | THAÍS MATIOLI SILVA | HIGÉIA | 49:29.7 | 50:26.5 | 1470 |
| | NCPC ANA PAULA BARBOSA | EQUIPE DE CORRIDA AERBEDI-BD | 49:33.9 | 52:41.9 | 1441 |
| 7 | SIMONE APARECIDA DE ANDRADE | ACADEMIA ENERGIA | 49:42.3 | 50:34.7 | 1038 |
| 8 | CAMILA G. MACHADO FERREIRA | SUPREMA/GOLD ACADEMIA | 50:57.9 | 53:32.2 | 1200 |
| 9 | SABRINA TEIXEIRA DA SILVA | VIDATIVA | 52:46.4 | 54:17.7 | 1290 |
| 10 | IRENE CAL COSTA | ENERGIA ACADEMIA | 52:53.8 | 54:01.1 | 1156 |
| 11 | DÉBORA CARLA P. GOMES | CORPO & CIA | 53:03.8 | 53:20.8 | 1088 |
| 12 | TATIANE NUNES DE CASTRO FLOR | | 53:31.9 | 53:40.4 | 1392 |
| 13 | CRISTIANE DE OLIVEIRA REZENDE | LONG LIFE | 53:53.2 | 54:00.4 | 1023 |
| 14 | MARCELA VIEIRA FLORES | NECTONUS ACADEMIA | 54:34.5 | 55:02.0 | 1405 |
| 15 | MAHINA PROBA FAVA | SAÚDE PERFORMANCE | 54:55.6 | 56:08.6 | 1394 |
| 16 | GEOVANA L. CARNEIRO | | 55:18.1 | 57:17.0 | 1318 |
| 17 | FERNANDA DIAS COELHO | TRI RUNNER | 55:39.1 | 56:13.3 | 1377 |
| 18 | LUCIANA DA COSTA | | 56:55.7 | 57:13.9 | 1474 |
| 19 | JAQUELINE CAMPOS DO CAPRIO | COLISEU ACADEMIA | 57:14.0 | 58:02.3 | 1221 |
| 20 | JACIARA DE OLIVEIRA | ENERGIA | 57:17.1 | 58:26.8 | 1274 |
| 23 | CRISLENA DE ALMEIDA PEREIRA | ENERGIA ACADEMIA | 57:29.4 | 58:39.8 | 1154 |
| 24 | PAULA GEARA CARDÃO POVOLER | TRI RUNNER | 57:43.0 | 58:16.8 | 1137 |
| 25 | VERA LUCIA MARQUES DA SIL | | 57:52.1 | 59:17.5 | 1037 |
| 26 | JULIANA CETRIM SILVA | VIDATIVA | 58:05.4 | 59:38.6 | 1099 |
| | NCPC ROBERTA APARECIDA VENÂNCIO | CEDIMAGEM | 58:25.1 | 1:01:36.5 | 1178 |
| 28 | BRENDA LANDAU BRAILE | | 58:30.4 | 1:00:17.8 | 1324 |
| 29 | ISABELA DE LADE | SAÚDE PERFORMANCE | 58:32.6 | 59:20.2 | 1121 |
| 30 | JUANITA ARAUJO CAMPOS | GEMA TEAM RUNNER | 58:43.9 | 1:01:35.1 | 1106 |
| 31 | RENATA LOPES DE OLIVEIRA | GYMNASIUM | 59:01.7 | 1:01:04.7 | 1265 |
| 32 | LEILIANE NASCIMENTO | ALPHA ACADEMIA | 59:04.2 | 59:35.6 | 1411 |
| 33 | LIAMARA FERREIRA DE CARVALHO | ENERGIA ACADEMIA | 59:05.9 | 1:00:12.7 | 1155 |
| 34 | FRANCSLAINE PESSOA DA SILVA | SUPREMA/GOLD ACADEMIA | 59:21.8 | 1:00:26.5 | 1201 |
| 35 | TITÂNIA SILVA PAULINO | VIVA SPORT CLUB | 59:22.7 | 1:00:17.6 | 1428 |
| 36 | ALINE CABRAL CASTRO | FIBRA/PLASC | 59:28.4 | 1:00:39.8 | 1029 |
| 37 | GISELE MARIA LAYER | | 1:00:01.0 | 1:00:21.8 | 1380 |
| 38 | DELIANE PEREIRA DA SILVA | TRI RUNNER | 1:00:53.4 | 1:01:49.1 | 1443 |
| 39 | ARIADNA MAIA MASSUCATO | | 1:01:13.0 | 1:02:34.1 | 1384 |

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| | | | | | |
|----|---------------------------------|------------------------------|-----------|-----------|------|
| 40 | FABIANA LIMA DE PAIVA PORTES | VIDATIVA | 1:01:41.7 | 1:01:42.6 | 1327 |
| 41 | SANDRA RAQUEL FARIA DE ARAU | VEM PRA RUA TR | 1:01:42.0 | 1:03:13.2 | 1047 |
| 42 | ANA CRISTINA DUARTE JORD | VIDATIVA | 1:01:56.2 | 1:03:32.9 | 1301 |
| 43 | BÁRBARA MOREIRA LOPES | | 1:02:01.8 | 1:04:02.3 | 1454 |
| 44 | TATIANA DEOTTI ASSIS | | 1:02:54.1 | 1:04:32.3 | 1455 |
| 45 | JULIANA DUARTE DE OLIVEIRA | | 1:02:57.0 | 1:04:48.4 | 1388 |
| 46 | GIOVANNA DEBORTOLI | SAÚDE PERFORMANCE | 1:03:02.6 | 1:04:46.9 | 1123 |
| 47 | KAMILA GUERCIO FERNANDES | | 1:03:12.5 | 1:05:15.1 | 1079 |
| 48 | CHARLENE MEDEIROS DA SILVA | | 1:03:20.5 | 1:03:47.7 | 1250 |
| 49 | PAULA GRANATO FALCI | | 1:03:29.1 | 1:04:52.9 | 512 |
| 50 | ROGÉRIA BUENO RIBEIRO | | 1:03:32.6 | 1:04:15.0 | 1322 |
| 51 | FABIANA CÉSAR COSTA | TRI RUNNER | 1:03:41.7 | 1:04:18.0 | 1146 |
| 52 | ANGELA MARIA DE BARROS | | 1:04:03.0 | 1:06:55.2 | 1396 |
| 53 | ANDRESSA LIMA TALMA | CORPO & CIA | 1:04:11.5 | 1:05:57.2 | 1163 |
| 54 | CAROLINA DE CÁSSIA REIS | CORPO & CIA | 1:04:28.1 | 1:04:49.3 | 1164 |
| 55 | MARINA BELLINI CARVALHO | TERRABIKE | 1:04:33.9 | 1:06:22.0 | 1254 |
| 56 | DELIANE VILELA DE OLIVEIRA | ENERGIA ACADEMIA | 1:04:40.3 | 1:05:49.6 | 1275 |
| 57 | VANESSA DA SILVA GASPAR | CORPO & CIA | 1:05:01.1 | 1:06:31.4 | 1160 |
| 58 | EDIVANEA MUNIE CAMPOS | SINAAE | 1:05:09.3 | 1:07:15.2 | 1412 |
| 59 | ALICE CRISTINA SARMENTO GO | | 1:05:26.6 | 1:05:52.8 | 1484 |
| 60 | KARLA ARRIGONI GOMES | | 1:05:45.0 | 1:07:11.7 | 1289 |
| 61 | MÁRCIA VALÉRIA COELHO | | 1:06:16.5 | 1:08:02.7 | 1424 |
| 62 | FERNANDA MARQUES LEMONGE | CORPO E CIA | 1:06:24.3 | 1:07:00.7 | 2002 |
| 63 | AYSLA LOVISI OLIVEIRA | STUDIO WAY 3 | 1:06:28.2 | 1:08:37.3 | 1231 |
| 64 | MICHELE FERNANDES | | 1:06:48.8 | 1:08:54.0 | 1400 |
| 65 | POLYANA RODRIGUES DOS SANTOS | | 1:07:32.5 | 1:10:04.2 | 1283 |
| 66 | NICOLE IRENE CONCEIÇÃO SOUZ | | 1:07:41.8 | 1:09:15.6 | 1406 |
| 67 | CAROLINA ZINATO TAVARES | | 1:07:54.1 | 1:09:49.7 | 1253 |
| 68 | JULIANA DAS GRAÇAS DO CARMO | | 1:07:56.1 | 1:09:19.2 | 1473 |
| 69 | FERNANDA REZENDE GARCIA | | 1:08:52.5 | 1:10:15.8 | 1330 |
| 70 | INDHIRA OLIVEIRA MACIEL | | 1:09:19.2 | 1:11:36.8 | 1061 |
| 71 | ANA LUCIA DAMASCENA | GRANBERY | 1:09:31.3 | 1:10:56.6 | 1051 |
| 72 | ADRIANA ELISA CARCERERI DE O | SUPREMA/GOLD ACADEMIA | 1:09:34.0 | 1:11:21.0 | 1193 |
| 73 | FERNANDA NOGUEIRA RIBEIRO | CEDIMAGEM | 1:09:50.5 | 1:11:43.7 | 1188 |
| 74 | FABIANA DE REZENDE | CORPO & CIA | 1:09:55.2 | 1:10:12.6 | 1046 |
| 75 | CHEILA FRANCO VENTURA | | 1:11:46.1 | 1:14:04.2 | 1025 |
| 76 | FRANCILENE NATALIA DE ALMEIDA P | MOVIMENTE-SE ESTÚDIO FITNESS | 1:13:02.2 | 1:15:16.3 | 1479 |
| 77 | LUCIANA FERNANDES | MOVIMENTE-SE ESTÚDIO FITNESS | 1:13:03.4 | 1:15:16.4 | 1478 |
| 78 | LUCIANA DE OLIVEIRA CAMPOS | | 1:13:32.6 | 1:15:27.2 | 1278 |
| 79 | RAQUEL LOTH CARVALHO | | 1:14:08.9 | 1:15:18.5 | 1468 |
| 80 | NATHALIA MARIA | EQUIPREGUIÇA | 1:14:10.3 | 1:15:40.3 | 1303 |
| 81 | MARIA DE FATIMA BIANCO | EQUIPE DE CORRIDA AERBEDI-BD | 1:14:32.9 | 1:16:21.1 | 1432 |
| 82 | MARIA IZABEL FERREIRA MEND | | 1:15:30.2 | 1:17:31.5 | 1307 |
| 83 | LIVIA MARIA TOLEDO | | 1:15:33.8 | 1:15:42.1 | 1207 |
| 84 | DANIELLA NOGUEIRA VIEIRA | HYPERION RUNNING | 1:15:48.0 | 1:17:14.3 | 1259 |
| 85 | FABIANE COELHO | TRI RUNNER | 1:16:44.0 | 1:19:10.1 | 2006 |
| 86 | CARLA DA COSTA SANTOS | | 1:17:37.2 | 1:20:27.0 | 1082 |
| 87 | JOSIMARA FARIA BARBOSA BAPTIS | | 1:17:41.1 | 1:19:13.4 | 1382 |

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| | | | | | |
|----|---------------------------------|-----------|-----------|-----------|------|
| 88 | FLAVIA APARECIDA SALIMENA | | 1:20:59.5 | 1:21:53.0 | 1421 |
| 89 | ELISANGELA SILVA SANTOS REZENDE | CEDIMAGEM | 1:21:40.2 | 1:23:36.8 | 1184 |
| 90 | EDWIGES CONSENTINO PIRES | | 1:27:00.5 | 1:29:48.6 | 1385 |

FEMININO 35 to 39

| COL | ATLETA | EQUIPE | T. LÍQUIDO | T. BRUTO | Nº PEITO |
|-----|----------------------------------|------------------------------|------------|-----------|----------|
| | NCPC RENATA ALBINO PESSOA DUARTE | EQUIPE DE CORRIDA AERBEDI-BD | 32:24.2 | 35:20.8 | 1440 |
| | NCPC RENATA E. DELGADO REZENDE | LONG LIFE | 35:52.5 | 37:31.5 | 1077 |
| | NCPC ANDRÉIA DE CASTRO EVARISTO | | 38:33.9 | 41:26.9 | 1401 |
| | NCPC ELAINE ROSA GRISONE | | 42:05.0 | 43:08.2 | 1049 |
| 1 | SANDRA CRISTINA RODRIGUES D | CLUBE BOM PASTOR | 50:29.9 | 50:56.9 | 1342 |
| 2 | JOSELY FERREIRA RIBEIRO | | 51:50.4 | 52:39.0 | 1236 |
| 3 | DAYSE MOURA REZENDE E ALME | | 51:58.5 | 52:03.7 | 1057 |
| 4 | PATRICIA CARDOSO BHERING | | 53:16.1 | 53:56.1 | 1466 |
| 5 | LUCIA COELHO MAGALHÃES | LONG LIFE | 54:19.2 | 54:59.4 | 1074 |
| 6 | CRISTIANE APARECIDA PAES SANTO | | 54:40.1 | 56:01.7 | 1036 |
| 7 | ANTONIA TELMA GUERRA DO NASC | VEM CORRER | 55:18.7 | 57:06.1 | 1114 |
| 8 | ELIZÂNGELA APARECIDA DE FARIA | CORPO & CIA | 55:40.4 | 56:00.0 | 1161 |
| 9 | MARCIA REGINA DIAS | CALANGO RUNNERS | 55:55.8 | 56:36.0 | 1286 |
| 10 | JACQUELINE MARIA DE MELO | CALANGO RUNNERS | 56:04.5 | 57:09.4 | 1235 |
| 11 | ÉRIKA ABRAMO | | 56:17.0 | 57:49.4 | 1364 |
| 12 | ROBERTA MORAES FERREIRA | FORTES ACADEMIA | 56:28.1 | 56:53.7 | 1262 |
| 13 | EVA MARIA PINHEIRO MARQU | | 56:54.0 | 57:13.8 | 1035 |
| 14 | RAQUEL MARTINS MELO PINHEIR | VIDATIVA | 57:03.7 | 57:48.5 | 1282 |
| 15 | LUCIANA ANDREA SALVIO | VIDATIVA | 57:04.7 | 58:36.7 | 1326 |
| 16 | LIVIA SANTANA FARIA LIMA | SUPREMA/GOLD ACADEMIA | 57:07.2 | 58:08.4 | 1195 |
| 17 | ELISABETE THOMAZ GRIGOROSQUE | VIDATIVA | 57:25.6 | 58:39.8 | 1096 |
| 18 | CRISTIANE GONÇALVES XAVIER | | 57:31.1 | 58:48.7 | 1305 |
| 19 | RAQUEL CARVALHO FELÍCIO | | 58:01.5 | 58:22.6 | 1381 |
| 20 | FERNANDA ELIAS BERGAMASCHINE | CALANGO RUNNERS | 58:31.5 | 59:36.4 | 1091 |
| 21 | GEANY ARRUDA | SAÚDE PERFORMANCE | 58:48.0 | 1:00:27.9 | 1129 |
| 22 | FERNANDA RIBEIRO PORTO | SUPREMA/GOLD ACADEMIA | 59:00.0 | 1:00:03.5 | 1197 |
| 23 | LILIAN APARECIDA COELHO REN | | 59:01.3 | 1:00:24.4 | 1408 |
| 24 | FABIANA ANDRADE | BIO FORMA ACADEMIA | 59:36.7 | 1:01:18.8 | 1113 |
| 25 | CRISTIANE COSTA GANDA | | 59:53.6 | 1:00:13.1 | 1393 |
| 26 | KARINE HELENA DE SOUZA LOPE | | 1:01:40.0 | 1:04:15.4 | 1316 |
| 27 | DANIELA DE OLIVEIRA CEOLIN | | 1:01:40.7 | 1:04:12.7 | 1485 |
| 28 | KÁTIA SCORALICK | UNIMED JUIZ DE FORA | 1:01:49.3 | 1:03:39.4 | 1449 |
| 29 | ANA FLAVIA DELGADO DE AL | | 1:02:41.9 | 1:03:36.3 | 1483 |
| 30 | EDVÂNIA NUNES | VIDA E SAÚDE | 1:03:32.5 | 1:04:14.6 | 1323 |
| 31 | ANA SIMONE FERREIRA DURÇ | | 1:04:07.6 | 1:06:01.7 | 1371 |
| 32 | JULIANA GONÇALVES SILVA | VIDA E SAÚDE | 1:04:42.0 | 1:05:24.7 | 1373 |
| 33 | JOSIANE DE SILVA APOLINARIO | ENERGIA RUNNER B | 1:05:35.8 | 1:06:38.3 | 202 |
| 34 | HELANGE ALICE DO CARMO PEREI | | 1:05:41.4 | 1:07:50.8 | 1117 |
| 35 | SHEILA FERNANDES MONTENÁRIO | UNIMED JUIZ DE FORA | 1:06:11.5 | 1:08:41.8 | 1450 |
| 36 | RACHEL LOPES RENA | | 1:06:34.1 | 1:08:00.4 | 1347 |
| 37 | CAROLINA OLIVEIRA DA COSTA | STUDIO WAY 3 | 1:06:54.7 | 1:08:36.9 | 1369 |
| 38 | ANDREZA SOARES ALVES | BIO FORMA | 1:07:43.4 | 1:10:12.8 | 1276 |

28º RANKING DE CORRIDAS DE RUA DE JUIZ DE FORA

3ª CORRIDA DA SAÚDE SUPREMA/PJF

10 KM - 30/03/2014

RESULTADO EXTRA-OFICIAL - FAIXA ETÁRIA FEMININO

| | | | | | |
|----|-------------------------------|-----------------------|-----------|-----------|------|
| 39 | LIBÂNIA LANINI FERREIRA | | 1:07:54.2 | 1:09:17.2 | 1048 |
| 40 | ELISA RODRIGUES | | 1:07:58.6 | 1:09:09.9 | 1462 |
| 41 | CARLA APARECIDA OLIVEIRA B | FIBRA ACADEMIA | 1:08:15.6 | 1:09:18.4 | 1053 |
| 42 | DANIELE BRANDÃO TEIXEIRA | ENERGIA ACADEMIA | 1:08:27.2 | 1:09:54.2 | 1272 |
| 43 | CARLA FABIANA GONÇALVES MA | CORPO & CIA | 1:09:03.4 | 1:10:33.8 | 1162 |
| 44 | FERNANDA LAGE A. R. SCHMIDT | | 1:09:08.8 | 1:10:56.9 | 1232 |
| 45 | LUCIANA DE CÁSSIA CARDOSO | SUPREMA/GOLD ACADEMIA | 1:09:33.7 | 1:10:35.5 | 1196 |
| 46 | CINTIA SPINELLI | VIVA SPORT | 1:10:10.5 | 1:11:06.1 | 1415 |
| 47 | VERA LUCIA SILVA DAZINI | | 1:10:48.1 | 1:13:16.5 | 1306 |
| 48 | MARIA IZABEL CARNEIRO FERR | GEMA TEAM RUNNER | 1:10:49.7 | 1:13:41.1 | 1107 |
| 49 | RENATA BARA MARINHO | | 1:10:50.7 | 1:13:36.7 | 1237 |
| 50 | PATRICIA PASQUINI | SAÚDE PERFORMANCE | 1:10:55.3 | 1:12:40.2 | 1119 |
| 51 | MAGALI A. F. DE ALBUQUERQUE | | 1:11:43.4 | 1:14:32.8 | 1348 |
| 52 | FLAVIA DE ALENCAR PEREIRA | | 1:11:46.2 | 1:14:04.2 | 1024 |
| 53 | CLAUDIA GALLO FRANÇA | | 1:12:29.5 | 1:13:22.3 | 1325 |
| 54 | ANA PAULA | | 1:12:43.9 | 1:14:53.1 | 2008 |
| 55 | DÉBORA BRAGA ESTEVÃO | CORPORE | 1:14:40.7 | 1:17:03.2 | 1090 |
| 56 | JONIIMAR DA SILVA APOLINÁRIO | PANTERA COR DE ROSA | 1:15:55.0 | 1:17:44.4 | 326 |
| 57 | KARINE BORGES GONÇALVES FAR | | 1:20:19.1 | 1:22:54.1 | 1093 |
| 58 | CRISTINA DE SOUZA PONTES | UNIMED JUIZ DE FORA | 1:20:46.1 | 1:22:55.0 | 1465 |
| 59 | JULIANE ALMEIDA CAMPOS | CEDIMAGEM | 1:21:12.6 | 1:23:12.1 | 1182 |
| 60 | ELISANGELA MARTINS SIMAS | CEDIMAGEM | 1:23:29.1 | 1:25:29.2 | 1181 |
| 61 | PATRICIA ALINE SALIMENA OLIVE | | 1:26:37.5 | 1:27:30.0 | 1420 |

FEMININO 40 to 44

| COL ATLETA | EQUIPE | T. LÍQUIDO | T. BRUTO | Nº PEITO |
|------------------------------------|-----------------------|------------|----------|----------|
| NCPC LOREN FRANCO | CLUBE BOM PASTOR | 34:47.6 | 36:31.4 | 1166 |
| NCPC ELAINE BERTOLO DOS SANTOS | UNIMED JUIZ DE FORA | 35:31.7 | 38:01.7 | 1463 |
| NCPC ALESSANDRA LAGE DA SILVA | | 39:41.2 | 40:47.6 | 1060 |
| NCPC LUCIANA DE SOUZA SILVA | | 42:24.6 | 44:01.5 | 1502 |
| 1 DÉBORA CRISTIANE DOS SANTOS | CLUBE BOM PASTOR I | 42:32.7 | 42:33.6 | 1005 |
| 2 LICIAN MACIEL SANTOS | CLUBE BOM PASTOR | 45:00.9 | 45:02.8 | 1013 |
| 3 CARMEM LUCIA F. ROSEMBACK G | CLUBE BOM PASTOR | 48:14.7 | 48:26.2 | 1169 |
| 4 LILIAN SILVA | SAÚDE PERFORMANCE | 49:08.9 | 49:10.5 | 1011 |
| 5 LUCIANA RONZANI | SAÚDE PERFORMANCE | 49:32.2 | 50:58.8 | 1125 |
| 6 KELIANY APARECIDA ALVES | GEMA TEAM RUNNER | 52:05.6 | 52:40.1 | 1224 |
| 7 BEATRIZ SILVA BARBOSA | NECTONUS ACADEMIA | 52:15.5 | 52:44.5 | 1218 |
| 8 LEILA ADRIANA CARELLI RUSS | | 52:45.5 | 52:55.8 | 1225 |
| 9 GIOVANNA CARUSO | CLUBE BOM PASTOR | 52:46.5 | 52:58.9 | 1429 |
| 10 DENISE CRISTINA ANDRADE PIN | | 53:38.5 | 54:05.5 | 1208 |
| NCPC ZARA ELINKA VIEIRA DE ABR | UNIMED JUIZ DE FORA | 54:43.3 | 56:52.1 | 1451 |
| 12 SONIA APARECIDA DE SOUZA F | GEMACOM TECH | 54:43.6 | 54:53.7 | 1226 |
| 13 SCHEILA MARA BATISTA PEREIRA | | 54:46.3 | 56:34.6 | 1050 |
| 14 MIRIAN CRISTINA MOLINA BATI | ALPHA ACADEMIA | 55:28.0 | 55:57.4 | 1410 |
| 15 PATRICIA RODRIGUES ROCHA GUIM | | 55:46.6 | 55:57.3 | 1238 |
| 16 SIMONE VASCONCELOS | SUPREMA/GOLD ACADEMIA | 56:06.7 | 58:40.8 | 1338 |
| 17 ELISANGELA APARECIDA O. A, DE S | CEDIMAGEM | 56:20.3 | 57:19.8 | 1355 |
| 18 ALESSANDRA ALMEIDA MONTE NEGR | | 56:28.6 | 57:12.6 | 1374 |

28º RANKING DE CORRIDAS DE RUA DE JUIZ DE FORA

3ª CORRIDA DA SAÚDE SUPREMA/PJF

10 KM - 30/03/2014

RESULTADO EXTRA-OFICIAL - FAIXA ETÁRIA FEMININO

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|----|--------------------------------|----------------------|-----------|-----------|------|
| 19 | JUSTINA MARIA DA COSTA | CORPO & CIA | 56:52.7 | 57:28.6 | 1239 |
| 20 | ANA CLAUDIA DA COSTA | NECTONUS ACADEMIA | 57:22.4 | 57:48.3 | 1417 |
| 21 | JAQUELINE DE OLIVEIRA SOUZA | LONG LIFE | 57:42.7 | 57:50.3 | 1362 |
| 22 | DANIELLE WIEZEL PINTO | TRI RUNNER | 58:28.4 | 59:04.4 | 1142 |
| 23 | JAQUELINE SILVA DE PAULA | VIDA E SAÚDE | 58:36.8 | 58:50.6 | 1032 |
| 24 | ADELAIDE OLIVEIRA | SAÚDE PERFORMANCE | 58:57.4 | 1:00:38.6 | 1120 |
| 25 | ADRIANA CRISTINA REZENDE LOU | CORPO & CIA | 59:12.7 | 59:29.5 | 1045 |
| 26 | CASSIA GUARALDO | TRI RUNNER | 59:46.3 | 1:00:21.2 | 1138 |
| 27 | SILVIA HELENA DA SILVA POSS | LIVE WELL | 59:49.7 | 1:01:49.6 | 1251 |
| 28 | MARIA ISABEL CAVALCANTI DE | GEMA TEAM RUNNER | 1:00:39.7 | 1:02:28.5 | 1063 |
| 29 | ALESSANDRA BRUN FERREIRA GUIMA | TRI RUNNER | 1:01:05.9 | 1:02:01.7 | 1148 |
| 30 | ELIANE CRISTINA TEIXEIRA DU | CLUBE BOM PASTOR I | 1:01:16.2 | 1:01:46.2 | 1279 |
| 31 | CLAUDIA ADRIANE DE SOUZA BAT | VIDA E SAÚDE | 1:01:17.7 | 1:02:02.1 | 1097 |
| 32 | ADRIANA APARECIDA C. CASTRO | | 1:02:23.1 | 1:02:54.9 | 1480 |
| 33 | SIMONE ROMAN | | 1:02:25.8 | 1:03:06.6 | 1383 |
| 34 | JANAINA BERNARDO BULHÕES DE | FIBRA PLASC | 1:02:37.9 | 1:05:14.5 | 1255 |
| 35 | HIONARA BOTTI MOTTA | VIVA SPORT | 1:02:43.4 | 1:04:18.6 | 1414 |
| 36 | RENATA DE BRITO GONZALEZ | SAÚDE PERFORMANCE | 1:03:09.2 | 1:04:47.4 | 1242 |
| 37 | LUCIANA DUQUE DA FROTA | ENERGIA ACADEMIA | 1:03:16.1 | 1:05:23.5 | 1157 |
| 38 | DANIELA HILL | #CORRENDOCOMASAMIGAS | 1:03:54.1 | 1:05:39.4 | 1153 |
| 39 | LUCIANA MILA ESTEVES DE MELL | | 1:04:58.8 | 1:06:21.6 | 1087 |
| 40 | LUCIANA DA SILVA LIMP | | 1:05:16.7 | 1:06:03.3 | 1360 |
| 41 | PATRICIA R. K DE AGUIAR | LAB.GLICOCONJUGADOS | 1:06:21.5 | 1:08:12.7 | 1100 |
| 42 | JOELMA SANTOS SILVA | FIBRA PLASC | 1:06:23.9 | 1:07:52.9 | 1257 |
| 43 | ELAINE PEREIRA DA SILVA | BALEIAS | 1:09:58.3 | 1:12:33.5 | 1453 |
| 44 | CLAUDIA APARECIDA DE OLIVEIR | FIBRA ACADEMIA | 1:11:52.7 | 1:12:56.2 | 1054 |
| 45 | LUCIANA BELLINI | TRI RUNNER | 1:11:57.2 | 1:14:39.9 | 1147 |
| 46 | ELAINE ALMEIDA | TRI RUNNER | 1:12:08.1 | 1:14:36.1 | 1144 |
| 47 | REGINA COELI PIMENTA | GEMA TEAM RUNNER | 1:13:04.6 | 1:15:57.6 | 1109 |
| 48 | ADRIANA IMBROISI SICILIANO B | CLUBE BOM PASTOR | 1:13:09.2 | 1:14:53.3 | 1171 |
| 49 | CLAUDIA CASSIANO DE SOUZA FR | | 1:14:11.3 | 1:15:06.9 | 1058 |
| 50 | FERNANDA MARAGON FORTUNATO | | 1:14:16.9 | 1:17:11.0 | 1358 |
| 51 | FRANCIANE BASTOS REIS | CLUBE BOM PASTOR | 1:14:21.7 | 1:15:08.9 | 1175 |
| 52 | MARILDA DE FÁTIMA DE SOUZA C | | 1:14:44.7 | 1:15:50.4 | 1391 |
| 53 | MARTA DA SILVA GOMES DE FR | EQUIPE CHACARENSE | 1:15:01.3 | 1:15:13.8 | 1248 |
| 54 | PATRICIA DE ASSIS CAMPOS | | 1:19:15.4 | 1:20:35.9 | 1302 |
| 55 | ÁDRIA DE LIMA RENÉ | | 1:30:18.3 | 1:31:41.8 | 1027 |
| 56 | CARMEN LUCIA FRANCISQUINI | CEDIMAGEM | 1:33:08.9 | 1:35:09.8 | 1183 |

FEMININO 45 to 49

| COL ATLETA | EQUIPE | T. LÍQUIDO | T. BRUTO | Nº PEITO |
|-----------------------------------|------------------|------------|----------|----------|
| NPCN NELIANA VIGNA | GEMA TEAM RUNNER | 31:54.1 | 33:01.4 | 1445 |
| 1 ZIRLENE ADRIANA DOS SANTOS | VIA RÚSTICA | 41:50.2 | 41:51.5 | 1015 |
| 2 ANDRILÉIA DO CARMO DE SOUZA | GEMACOM TECH | 43:00.4 | 43:02.1 | 1001 |
| NPCJ JOANA D'ARC DE O. DELMONTE | GEMA TEAM RUNNER | 44:29.2 | 46:55.4 | 1425 |
| NPC ADALGISA APARECIDA SILVA CABR | | 44:45.9 | 46:03.1 | 1402 |
| 3 SIBÉLIA MARIA DE VASCONCELOS | GEMACOM TECH | 45:46.8 | 45:48.7 | 1008 |
| 4 NELZA APARECIDA THOMAS | GEMACOM TECH | 48:26.1 | 48:29.0 | 1227 |

28º RANKING DE CORRIDAS DE RUA DE JUIZ DE FORA

3ª CORRIDA DA SAÚDE SUPREMA/PJF

10 KM - 30/03/2014

RESULTADO EXTRA-OFICIAL - FAIXA ETÁRIA FEMININO

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|----|-------------------------------|------------------------------|-----------|-----------|------|
| 5 | MIRIAM CRISTINA DOS SANTOS | CLUBE BOM PASTOR | 48:30.3 | 48:42.1 | 1172 |
| 6 | DÉBORA CRISTINA DE OLIVEIRA | GEMACOM TECH | 49:13.6 | 49:24.0 | 1368 |
| | NCPC ADRIANA FONTES DE CASTRO | EQUIPE DE CORRIDA AERBEDI-BD | 49:36.7 | 52:41.8 | 1442 |
| 7 | VALÉRIA MARTINS PEREIRA | CLUBE BOM PASTOR | 50:31.5 | 50:43.3 | 1345 |
| 8 | SIMONE PORCARO | CLUBE BOM PASTOR | 52:44.2 | 53:26.7 | 1170 |
| 9 | JÉBUS GRÁSSIA | | 53:41.3 | 54:05.7 | 1423 |
| 10 | KARLA CLAUDIO SILVA MANCIN | ENERGIA | 55:16.5 | 56:36.1 | 1273 |
| 11 | SARAH DE REZENDE MAURICIO | FIBRA/PLASC | 55:53.0 | 58:27.4 | 1022 |
| 12 | CÉLIA CLAVELAND | NECTONUS ACADEMIA | 55:54.6 | 56:22.1 | 1281 |
| 13 | MARLENE ALVES DOS SANTOS | | 55:56.8 | 56:39.9 | 1085 |
| 14 | ANGELA ANDRADE A. | SUPREMA/GOLD ACADEMIA | 57:34.5 | 58:39.1 | 1334 |
| 15 | MONICA CARVALHO DOS REIS | TRI RUNNER | 57:41.1 | 58:16.1 | 1140 |
| 16 | LUCIANA PASSOS CARDOSO PIAZZ | VIDATIVA | 58:42.1 | 59:25.4 | 1089 |
| 17 | CELMA APARECIDA LOURENÇO | CESAMA | 58:51.5 | 59:46.2 | 1287 |
| 18 | TANIA SALLES | | 59:08.6 | 1:00:56.7 | 1349 |
| 19 | MAGUIDA ANDRÉ DOS SANTOS SIL | | 1:00:02.6 | 1:01:38.8 | 1343 |
| 20 | ANA LUISA TELLES SOARES | | 1:00:24.6 | 1:03:35.1 | 1353 |
| 21 | ELIZABETH LEILA SILVA BARATA | | 1:00:25.8 | 1:02:33.4 | 1471 |
| 22 | MONICA GONÇALVES MACIEL | SAÚDE PERFORMANCE | 1:00:32.4 | 1:02:36.0 | 1341 |
| 23 | KARLA MESQUITA BELGO | | 1:00:55.0 | 1:01:49.5 | 1404 |
| 24 | GENIVALDA BATISTA RODRIGUES | SUPREMA/GOLD ACADEMIA | 1:01:43.3 | 1:02:48.5 | 1332 |
| 25 | DINÁ GUIMARÃES DE FARIA | | 1:02:14.8 | 1:03:01.2 | 1223 |
| 26 | ROSANGELA MARIA ROCHA | | 1:02:16.3 | 1:03:00.7 | 1319 |
| 27 | KARLA ARAUJO COELHO DE SOU | | 1:02:52.8 | 1:05:41.5 | 1150 |
| 28 | LUDMILLA TEIXEIRA BITTAR DETO | BIO FORMA ACADEMIA | 1:03:07.6 | 1:04:46.1 | 1111 |
| 29 | RENATA BECHARA C. GOMES | TRI RUNNER | 1:03:07.7 | 1:04:54.4 | 1149 |
| 30 | DÉBORA MONTE-MÓR E SILVA | VIDATIVA | 1:03:08.4 | 1:04:54.4 | 1291 |
| 31 | CRISTINI R. M. MORAES | VIDATIVA | 1:03:24.1 | 1:05:08.9 | 1292 |
| 32 | EVELINE MORAES GAIA | | 1:04:06.0 | 1:05:19.8 | 1280 |
| 33 | ALZENIR DE FÁTIMA RIBEIRO | GEMA TEAM RUNNER | 1:04:19.9 | 1:07:11.0 | 1108 |
| 34 | MICHELE CRISTINA RESENDE FAR | STUDIO WAY 3 | 1:04:24.4 | 1:06:33.4 | 1375 |
| 35 | MIRIA APARECIDA DA COSTA | EQUIPE CHACARENSE | 1:05:04.3 | 1:05:17.7 | 1249 |
| 36 | VÂNIA DA SILVA SOARES | VIDATIVA | 1:05:29.5 | 1:06:47.7 | 1268 |
| 37 | MAGDA DE MARCO FROSSARD | ENERGIA ACADEMIA | 1:05:44.0 | 1:06:15.6 | 1271 |
| 38 | CLAUDIA AS SILVA SIMONET | CLUBE BOM PASTOR | 1:05:51.6 | 1:07:13.5 | 1174 |
| 39 | MÁRCIA CATARINA | | 1:06:26.1 | 1:09:34.8 | 1482 |
| 40 | JOELMA DE SOUZA COIMBRA ISH | | 1:06:41.0 | 1:06:56.2 | 1298 |
| 41 | ROSÁLIA APARECIDA MARLIÉRE | | 1:07:36.2 | 1:09:22.2 | 1212 |
| 42 | GÉZIA DA MATTA | | 1:08:02.6 | 1:08:23.1 | 1389 |
| 43 | MONICA AUGUSTA DA SILVA | VIVA SPORT | 1:08:33.5 | 1:09:13.4 | 1206 |
| 44 | LUCIANA MORAES | SAÚDE PERFORMANCE | 1:08:37.1 | 1:09:41.3 | 1127 |
| 45 | MIRIAN BEDENDO | FORTES ACADEMIA | 1:08:47.1 | 1:09:38.9 | 1350 |
| 46 | JANE CARLA DA SILVA | | 1:09:21.5 | 1:10:25.3 | 1228 |
| 47 | ANA PAULA DE OLIVEIRA MA | | 1:10:01.1 | 1:11:08.7 | 1444 |
| 48 | SANDRA JORDÃO TAVEIRA | RJ TRAINING | 1:10:05.8 | 1:11:01.0 | 1062 |
| 49 | ANDREA LUCIA OLIVEIRA | UNIMED JUIZ DE FORA | 1:11:26.1 | 1:14:15.1 | 1464 |
| 50 | MARIA CRISTINA DE CARVALHO | TRI RUNNER | 1:11:39.9 | 1:14:07.7 | 1141 |
| 51 | ADRIANA CORREA BENETELLI | EQUIPE DE CORRIDA AERBEDI-BD | 1:13:57.4 | 1:16:21.3 | 1434 |

28º RANKING DE CORRIDAS DE RUA DE JUIZ DE FORA

3ª CORRIDA DA SAÚDE SUPREMA/PJF

10 KM - 30/03/2014

RESULTADO EXTRA-OFICIAL - FAIXA ETÁRIA FEMININO

52 NILZA FERNANDES BARBOSA PANTERA COR DE ROSA 1:15:00.4 1:17:11.5 1042

FEMININO 50 to 54

| COL ATLETA | EQUIPE | T. LÍQUIDO | T. BRUTO | Nº PEITO |
|----------------------------------|-----------------------|------------|-----------|----------|
| NCPC JANE FERREIRA E CASTRO | INSPIRE | 40:06.0 | 40:42.0 | 1065 |
| 1 MARIANGELA DE PAULA JENEVAIN | GEMACOM TECH | 43:43.1 | 43:44.4 | 1003 |
| 2 IVANI GOMES DOS SANTOS | BRAMIL | 46:15.1 | 46:17.7 | 1010 |
| NCPC SANDRA OLINDA NAVARRO DE MO | GEMA TEAM RUNNER | 48:44.5 | 50:09.2 | 1213 |
| 3 VALERIA ALVES DE MORAES LOPE | GEMA TEAM RUNNER | 57:48.8 | 59:13.1 | 1214 |
| 4 IVONE DE CARVALHO | TRI RUNNER | 58:09.6 | 58:44.6 | 1139 |
| 5 ESTER MENDES FERREIRA | | 59:04.1 | 59:48.1 | 1095 |
| 6 LIGIA DUARTE DE AGUIAR | GEMA TEAM RUNNER | 59:29.9 | 1:02:20.9 | 1104 |
| 7 LUCILÉIA DIAS MOREIRA | LONG LIFE | 1:00:42.4 | 1:03:27.3 | 549 |
| 8 ROSELI DAS DORES CUNHA | | 1:00:43.1 | 1:01:24.9 | 1491 |
| 9 EMILIANA DE PAULA COSTA | | 1:02:48.7 | 1:04:05.2 | 1403 |
| 10 REGINA LUCIA TEPERINO FUGUE | | 1:03:22.0 | 1:04:47.5 | 1407 |
| 11 ROSÁRIA DE FÁTIMA MEDEIROS | FIBRA TECH | 1:03:24.4 | 1:03:59.0 | 1308 |
| 12 MARIA DA GLORIA MESQUITA | SAÚDE PERFORMANCE | 1:03:40.6 | 1:04:03.3 | 1124 |
| 13 APARECIDA MARIA GUIMARÃES | GEMA TEAM RUNNER | 1:04:41.6 | 1:07:03.0 | 1247 |
| 14 ELEN MARIA DE MELLO | | 1:05:06.9 | 1:06:30.3 | 1086 |
| 15 CARLA A. MARQUES LOPES | VIDATIVA | 1:05:30.2 | 1:06:48.2 | 1080 |
| 16 VANDA FERNANDES G. | SUPREMA/GOLD ACADEMIA | 1:05:38.1 | 1:06:17.4 | 1331 |
| 17 MARIA DE FÁTIMA MARTINS GE | | 1:06:04.8 | 1:08:17.6 | 1084 |
| 18 CARMEN LUCIA FARNESE | | 1:08:22.9 | 1:10:00.8 | 1344 |
| 19 MARIA INÊS VIEIRA MARLIERE | | 1:08:33.6 | 1:09:40.8 | 1366 |
| 20 RITA DE CÁSSIA GUEDES DOS | VIDA E SAÚDE | 1:09:16.6 | 1:09:47.3 | 1229 |
| 21 MARIA INÊS DE OLIVEIRA NAS | LIVE WELL | 1:10:07.8 | 1:10:48.7 | 1379 |
| 22 MONICA BALDI | CLUBE BOM PASTOR | 1:12:02.5 | 1:13:47.3 | 1168 |
| 23 MARILIA CRISTINA ASSUMPÇÃO | MANIA DE ALMOÇAR | 1:15:42.9 | 1:17:29.7 | 1476 |
| 24 VANIA APARECIDA BARBOSA | | 1:17:22.6 | 1:19:16.5 | 1378 |
| 25 REGINA LOURDES CAMPISSE ROM | LONG LIFE | 1:19:10.6 | 1:20:48.3 | 1072 |
| 26 MARIA APARECIDA STEINHERZ | | 1:21:20.5 | 1:23:16.2 | 1030 |
| 27 MARISTELA ASSUMPÇÃO | CEDIMAGEM | 1:21:39.2 | 1:23:36.3 | 1186 |

FEMININO 55 to 59

| COL ATLETA | EQUIPE | T. LÍQUIDO | T. BRUTO | Nº PEITO |
|----------------------------------|--------------------|------------|-----------|----------|
| NCPC LUZIA CARDOSO SILVA BARBOS | | 42:38.4 | 44:27.0 | 1459 |
| 1 MARIA DE FÁTIMA ARCHETTE D | GEMACOM TECH | 44:27.0 | 44:38.6 | 1014 |
| 2 MARIA DE FATIMA DAS NEVES | VIVA SPORT | 52:02.7 | 52:40.1 | 1028 |
| 3 RITA DE CÁSSIA SANTOS PAU | GEMACOM TECH | 52:19.2 | 52:22.9 | 1357 |
| 4 MARIA LEALDINA DA SILVA SA | | 54:07.7 | 55:13.8 | 1387 |
| 5 APARECIDA CARVALHO DE PAIVA CA | | 58:48.8 | 59:05.4 | 1176 |
| 6 SOLANGE APARECIDA PERES | GERAÇÃO SAÚDE | 59:34.8 | 1:00:32.9 | 1204 |
| 7 MARISTELA PEIXOTO SANTOS DE LI | | 59:49.0 | 1:01:20.6 | 1256 |
| 8 NEUSA HONORATO DE ANDRADE | CORPO & CIA | 1:00:24.8 | 1:00:44.0 | 1056 |
| 9 ELIDA MARIA DE MENDONÇA | VIDATIVA | 1:00:55.6 | 1:02:35.9 | 1026 |
| 10 RITA DE CASSIA MENDES FER | | 1:04:33.7 | 1:05:19.1 | 1098 |
| 11 ROMANA APARECIDA CESÁRIO | PATERA COR DE ROSA | 1:08:59.1 | 1:11:10.4 | 1460 |

28º RANKING DE CORRIDAS DE RUA DE JUIZ DE FORA

3ª CORRIDA DA SAÚDE SUPREMA/PJF

10 KM - 30/03/2014

RESULTADO EXTRA-OFICIAL - FAIXA ETÁRIA FEMININO

| | | | | | |
|----|------------------------------|-----------------|-----------|-----------|------|
| 12 | SILDIMEA AMARAL CASTRO LEITE | VIDATIVA | 1:16:00.9 | 1:16:26.1 | 1328 |
| 13 | IVONE CARDOSO | TRI RUNNER | 1:16:42.0 | 1:19:08.7 | 1143 |
| 14 | MARIA APARECIDA DA SILVA | | 1:17:03.2 | 1:17:49.4 | 1215 |
| 15 | ELOINA OLIVEIRA PEREZ | | 1:21:06.4 | 1:22:38.2 | 1419 |
| 16 | ELEUSES AMORIM | VIVA SPORT CLUB | 1:22:59.7 | 1:25:26.2 | 1481 |
| 17 | DENISE BAESSO DE OLIVEIRA G | VIA RÚSTICA | 1:25:54.6 | 1:26:44.7 | 1039 |

FEMININO 60 to 64

| COL | ATLETA | EQUIPE | T. LÍQUIDO | T. BRUTO | Nº PEITO |
|-----|---------------------------------|--------------------------|------------|-----------|----------|
| | NCPC VERA LUCIA R. CARUSO | | 40:39.0 | 42:59.9 | 1116 |
| | NCPC MARIA BERNADETE DE OLIVEIR | | 41:01.3 | 43:36.2 | 1395 |
| 1 | ANGELA MARIA DE LOURDES CAI | ARQUITETURA E CONSTRUÇÃO | 51:04.1 | 51:05.7 | 1041 |
| 2 | IZABEL GONÇALVES QUERINO | | 58:05.7 | 58:57.4 | 1021 |
| 3 | LUZIA MENDONÇA | | 59:51.3 | 1:00:15.7 | 1211 |
| 4 | LENICE VIEIRA VALENTE | | 1:06:07.7 | 1:07:13.4 | 1461 |
| 5 | FLORIPES DE JESUS ALVIM LIMA | | 1:16:20.7 | 1:17:08.5 | 1220 |

FEMININO 65 to 69

| COL | ATLETA | EQUIPE | T. LÍQUIDO | T. BRUTO | Nº PEITO |
|-----|---------------------------------|------------------|------------|-----------|----------|
| | NCPC MARIA JOSÉ DE OLIVEIRA CAR | VIDA E SAÚDE | 58:36.5 | 58:50.4 | 1288 |
| 1 | SONIA MARIA LOPES DE MELO | CALANGO RUNNERS | 1:06:40.7 | 1:07:47.2 | 1234 |
| 2 | DEOLINDA MARIA FERREIRA SILVA | | 1:08:39.1 | 1:09:02.8 | 1205 |
| 3 | GERALDA DE MELLO CARVALHO | | 1:10:35.5 | 1:12:17.1 | 1059 |
| 4 | NEUZA MARIA DE OLIVEIRA MA | HYPERION RUNNING | 1:38:15.0 | 1:39:15.3 | 1258 |

FEMININO 70 and over

| COL | ATLETA | EQUIPE | T. LÍQUIDO | T. BRUTO | Nº PEITO |
|-----|----------------------------|--------|------------|----------|----------|
| | NCPC VERA LUCIA M. FONSECA | | 33:01.5 | 35:10.5 | 1488 |